

Integrated Energy Therapy

IET is the art of healing with the loving and pure energy of spirit.

IET works at the next level beyond Reiki to detect and release energy blocks formed by suppressed emotions.

Energy blocks create physical, emotional, mental and spiritual disorders.

IET is a safe, gentle, nurturing way to release patterns of the past and help you empower and balance your life.

What you can expect

- An IET session is private and one hour in length.
- You will be fully clothed and relaxed on a massage table while soothing music is played in the background.
- Using gentle therapeutic touch, Karen will direct healing energy vibrations to specific areas on the body that hold blocked emotions in.
- Energy blocks will then be released and cleared through IET power points along the spine.
- At the end of an IET session it is typical to feel a sense of peace, renewed, and ready to make life changes and regain your happiness.

Benefits of IET

- Helps you empower, balance and align your life and health.
- Facilitates the release of suppressed feelings and promotes the self healing process.
- Painlessly awakens and releases core cellular memory.
- Provides gentle powerful support for survivors of childhood traumas such as physical and sexual abuse, alcoholic and dysfunctional families.
- Awakens you to fulfilling loving relationships in all areas of your life.
- Clears energy blocks that limit health, life purpose, prosperity, sexuality and creativity.
- Supports healing at all levels, physical, emotional, mental and spiritual.

IET Training Classes

IET Training classes are offered at regular intervals by the *Enter Place of classes here*. This powerful healing technique can be used for personal benefit, as a stand alone therapy or incorporated into other healing practices. If you are interested in learning IET please contact the center for more information.

The Founder of IET

Stevan J.Thayer the founding director of The Center of Being, Inc. and the developer of Integrated Energy Therapy®. Stevan has been in holistic service since 1989, and is a certified White Light Reiki Master, Professional Rebirther, an ordained Interfaith Minister, nationwide speaker, instructor and lecturer He is also the author of the book "Interview With an Angel". Stevan and his work with IET have been nationally televised via the PBS Frontline Series and is spreading worldwide.

Your name here

Enter your bio here.