

The IET Energy Vortex Technique

As the IET energy spreads around the globe, Angel Ariel continues to bring us new ways to use angelic energy of the violet ray to support us in our spiritual self-healing journey. Stevan Thayer channeled the Energy Vortex Technique in April 2001. The Energy Vortex Technique was taught for the first time at the IET Festival of Light and received rave reviews.

The Energy Vortex Technique is based on the theory of electro-magnetic fields called “the right hand rule”. If you point your right thumb up and curl your right hand fingers, they will point in a counter-clockwise direction. Your thumb points in the direction of energy flow and our fingers point in the direction of the resulting electro-magnetic energy field. When applied to Healing with the Energy of Angels, your right fingers point in the direction that energy will rotate around your body, then your right thumb points in the direction of energy flow through your angelic heartlink.

Step 1: Begin the Vortex process by establishing your angelic heartlink to Angel Ariel and all of the Healing Angels of the Energy Field. Ask in prayer that the angels work with you and through you, that they guide-direct-surround-and protect you, and ask that this vortex process be for your highest good and highest healing.

Step 2: Create an Energizing Clockwise Vortex: Imagine that a whirling column of energy is beginning to circulate in a clockwise direction around your body. You can use your hands to push the energy (just like you would push water in a swimming pool) and accelerate its clockwise rotation. This will fill your energy field with angelic energy. Start the rotation slowly, then make the rotation faster and faster until it moves in a blinding whirl of energy. Let the vortex rotate clockwise for about a minute then mentally direct the vortex to stop its clockwise rotation.

Step 3: Create a Releasing Counter-Clockwise Vortex: Create an Energizing Counter- Clockwise vortex: Imagine that a whirling column of energy is beginning to circulate in a counter-clockwise direction around your body. You can use your hands to push the energy (just like you would push water in a swimming pool) and accelerate its counter-clockwise rotation. This will clear your energy field and release any energy blockages up through your angelic heartlink. Start the rotation slowly, then make the rotation faster and faster until it moves in a blinding whirl of energy. Let the vortex rotate counter-clockwise for about a minute then mentally direct the vortex to stop its counter-clockwise rotation.

Step 4: Create an Integrating Clockwise Vortex: Imagine that a whirling column of energy is beginning to circulate in a clockwise direction around your body. You can use your hands to push the energy (just like you would push water in a

swimming pool) and accelerate its clockwise rotation. This will fill your energy field with angelic energy. Start the rotation slowly, and then make the rotation faster and faster until it moves in a blinding whirl of energy. Let the vortex rotate clockwise for about a minute then mentally direct the vortex to stop its clockwise rotation.

Step 5: Final Balancing and Grounding: end the vortex process by grounding your energy. Either hold your hands over the top of your feet for about 15 seconds or touch your right knee with your left hand and left knee with your right hand for about 15 seconds.

As you practice the IET Energy Vortex process, please let us know about the healing miracles that result