

The Energy to Heal: *Integrated Energy Therapy*® (IET)

By: Rita H. Maute

Certified IET Master Instructor/Practitioner, Usui Reiki Master, Naturopath, and Practitioner of various Body/Energy modalities

We all have witnessed great advances in technology within the latter part of the last century, and are fortunate to live in an era of ongoing research and mindboggling developments, especially in the medical world. Yet while these advances offer a multitude of benefits to mankind, medical science has not been able to address and heal many chronic diseases at their core.

Our innate intelligence is therefore challenged to seek wellness through holistic healing modalities, one of which comes from the Eastern medical tradition whose philosophy embraces the existence of an energy field in and around the human body, and the importance of addressing all levels of being - body, mind and spirit in healing the whole person. The energy within this field has been given different names by various cultures. Some of the more familiar names include Chi, Qi, Prana, Life Energy etc.

In our life's journey this energy flow can become restricted or blocked, similar to a beaver dam blocking the river's flow. Unresolved feelings, painful memories, physical and emotional stress and trauma, self-limiting beliefs, fear, resentment etc. can be stored in our cellular memory until we resolve them. They are considered an energetic force inhibiting the flow of vital energy within the body, - not to be underestimated - as they are often at the root of disease. The unresolved emotional pain that we store inside our body affects our lives profoundly, limiting our health and happiness

Now a much needed healing technique has been given to us as a gift: "**INTEGRATED ENERGY THERAPY® (IET)**", developed at the Center of Being by Stevan J. Thayer, inspired by the Angel Ariel. It is a most unique and effective hands-on therapy system as it is anchored in the spiritual realm of angelic energy. Stevan, formerly a research scientist, is the author of the popular book "Interview with an Angel",

co-authored by Dr. Linda Nathanson, a psychologist. He is also an ordained Interfaith Minister and White Light Reiki Master.

If you have been seeking help to improve your life and health on all levels, you owe it to yourself to consider Integrated Energy Therapy either in a treatment session, and/or by taking classes. IET practitioners do not diagnose or treat disease, but assess the energy flow of the body and support the healing process of their client. The objective of IET is to provide a simple and gentle way to open the flow of vital life force within the human body, thereby releasing suppressed feelings within the cellular memory, clearing the associated blockages, balancing and re-energizing the field in the human body.

At the very core of the IET system is the **Heartlink**, a divine offering from the angelic realm to humankind. You will learn how to **heartlink** to angelic energy and use this energy to assist in the healing process. You will be **Attuned** to a powerful energy ray of spirit in the angelic vibration.

Everyone can become an energy intuitive, and through this system you will be taught how to **feel** and **interpret energy flow** in the nine primary cellular memory areas of the body. You will learn how each primary human emotion is correlated to a specific physical region of the body and human energy field (cellular memory map), and how to use the IET integration power points to clear them. When activated with the IET energy these points provide powerful clearing of suppressed cellular memories and emotions from the infinite past to the present time. IET is a powerful and effective stand-alone therapy, and also complements other healing modalities such as Reiki, massage etc.

Three levels of training: Basic, Intermediate & Advanced, each a one-day class of learning and self-healing. No previous experience required for Basic Level, which enables the student to facilitate a full healing session. Intermediate & Advanced teaches expanded methods, each building on previous levels. As part of your training you will receive an **Illustrated Manual** and **Certificate of Completion**.

IET sessions: The client rests fully clothed on a massage table or seated in a chair.

With a gentle touch, the practitioner uses the IET system's power points located along the spine and head (cellular memory map) to encourage the release of blockages caused by suppressed emotions,

stress and trauma, and leave in their place universal healing energy. A session takes about one hour, usually leaves the client with a deep sense of relaxation and inner peace, and often facilitates a continuing healing process.

If you choose to make **IET** part of your wellness program, or become a practitioner by taking classes, you will never regret that choice.

Classes are being offered at the **Center for Human Integration (CHI), 8400 Pine Road, Phila., PA 19111, tel: 215-742-3505 e-mail: info@chi4wellness.org , or www.chi4wellness.org**

To contact **Rita H. Maute, 215-355-4307; e-mail: mauterh@yahoo.com, learnIET.com/Rita_Maute.asp - also visit www.learnIET.com**

