

♦ Journal of Energy Therapy ♦

Volume 15

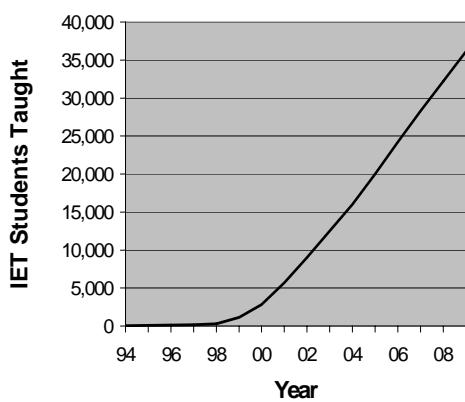
The Center Of Being, Inc.

January - December 2010

Healing the World One-Heart-At-A-Time

Since 1994 when Stevan began teaching IET® he asked the angels to help spread IET beyond its origins in New Jersey to New York, or even New England. The angels have done this and more. Today there are IET students in 60 countries including Denmark, Egypt, Israel, Italy, South Korea, and Venezuela. We are truly honored and blessed by what the angels (and the IET Master-Instructor Earth Angels) have done.

IET® continued to grow at a wonderful rate in 2009. We now have over 2,350 Integrated Energy Therapy® Master-Instructors who have taught more than 9,500 IET classes that have been held in 30 countries with over 36,000 Basic, Intermediate, Advanced, and Master-Instructor IET students taught.



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Integrated Energy Therapy® News



Our New IET Class Agendas Are Well Received!

We are pleased to announce that our new “Unified” IET Basic + Healing Angels weekend class agenda, as well as our “Intensive” Basic + Intermediate + Advanced extended weekend class agenda, have been very well received by IET students and the Master-Instructors who taught them. Both of our new agendas are designed to provide students with complete trainings and deeper experiences, in a weekend format. Now Master-Instructors can offer IET classes using both our traditional one-day class agendas or our new class agendas.

Its Time Again for a Treat!

Announcing our 2010 IET M-I Retreats

In 2008, The Center of Being, Inc. began an every other year schedule for Master-Instructor Retreats. Accordingly we did not offer M-I Retreats in 2009. Now in 2010, it is time once again for us to offer our M-I Retreats! This year we are offering not one, but four Retreats held in regional locations to best serve our IET Master-Instructor community. This year’s Retreat theme is “Unity In Action” and features our new IET Homecoming and Unity in Action processes. Please see page 7 for additional details.

Homecoming is a Hit

Angel Ariel’s Homecoming Process has been touching hearts around the world. Many IET Master-Instructors held special Festival of Light events in 2009 featuring our new Homecoming Process. We offer our gratitude to all of the Masters and students who participated in our Festival of Light programs.

IET for Pets Home Study Course is Very Popular

Our IET for Pets Home Study Program introduced in 2009 is very popular and has received high marks from students. It is available to any IET student who has completed the Basic Level IET class. Please see page 6 for details.

Messages From Angel Ariel

Stevan has channeled messages from Angel Ariel about transforming the current state of our world. We have excerpted the highlights of her messages below. You can read the complete text of Angel Ariel's messages on our website at www.LearnIET.com/messages_from_ariel.htm.



LOVING KINDNESS: channeled on December 18, 2009 by Stevan J. Thayer.

As your calendar comes to its annual close, people worldwide celebrate the Divine through wonderful religious holidays. This worldwide celebration of the Divine has at its core honoring the presence, and power of the gift of love that the Divine has brought into your world. When it comes to the energy of love, we observe that people are not very good vessels for storing the energy of love, but they are magnificent channels for bringing the energy of love from the Divine through them to give to others. Giving the gift of love to others is the perfect way to celebrate, and honor the Divine. And the perfect gift for you to give others is the gift of loving kindness.

You can start your loving kindness gift-giving through your loving thoughts. This can include thinking kind and loving thoughts about the people in your life. It can also take the form of avoiding thinking negative thoughts about people in your life. Both are wonderful expressions of loving kindness.

As you practice directing the energy of loving kindness with your thoughts and words, you can begin to extend the energy of loving kindness into your actions. This can take the form of a kind word or deed designed to help another person. Something that you know a person would appreciate. You will soon find that loving kindness is something that everyone enjoys receiving. It is a gift to the giver as well as to the receiver. One size fits all. It is never returned or exchanged. And it can be offered throughout your year.

UNITY IN ACTION: channeled on January 24, 2010 by Stevan J. Thayer.

Your life is a spiritual path designed to bring you into unity with all. And when a human being experiences this unity, they become filled with peace. While peace may appear passive, it is in fact a dynamically active positive force, what we call the force of "Unity in Action".

When you passively exist in the state of peace you will be unaware of the powerful effect that the force of Unity in Action is having in your world. While you are simply "being", you are unconsciously "doing" a great deal. As you sit in a state of peace, you open up a "Unity Channel" to all life on your planet, and you permit the very force of life that creates and evolves your world to move lovingly through this Unity Channel. You are allowing your creative mind to sit in awareness of the power of life, the power of love, the power of the Divine. In addition, the power of your creative thought is not adding more fear into the world, and you are enabling the loving force of the Divine to shift the balance of love in your world. Every heart that opens to the power of love and experiences inner peace, and every mind that stops adding more fear-based thinking into the energy of your world, makes a powerful shift in this balance.

As you settle deeper and deeper into the experience of Homecoming, the force of Unity in Action will, through the Divine Feminine Principal, magnetize to you the things your soul needs for you to enact your life's essential purpose and live your soul's mission.

World peace is achieved not by ending world war, but by person after person being at peace within themselves. When enough people exist in a state of peace, the scales will tip and the energy of your planet will shift people out of the dimension of fear and move them into the dimension of love. Every person who can enter into the state of peace will accelerate this tipping. World peace begins with you. We invite you to help us heal the world one-heart-at-a-time, and accelerate the journey of your soul, by practicing Homecoming and making inner peace a part of your daily life.

Make the Shift in 2010

It is written, “seek and ye shall find”. The question is what is your mind seeking? If you seek to see the bad in people, then you will find the bad. On the other hand, if you shift your vision to see the world with what Angel Ariel calls “The Eyes of an Angel” (seeing the world more with your heart than with your eyes) you can see the love that is present, you can see the good in people, you can shift from judging to loving. When you shift your focus this way you open up what Angel Ariel calls a “Unity Channel” that allows the Divine energy of love to automatically flow between you and the objects of your focus. This unity channel is a source of healing that creates a positive upward healing spiral that ripples from person to person into the world and attracts more and more loving situations to you as it fills your life with experiences of peace and love as you become a beacon of love in the world. Please join with me to Make The Shift!



Stevan Thayer



Carol Armitage

From Loving Kindness... to Unity in Action

The more we work together, the more gets done, exponentially. While it may feel overwhelming to do something myself, when I’m with others, the actions seem more enjoyable and filled with ease. Thus, while I can do something alone, it is much more effective when I do it with others. When actions unite or align, the results are inspiring. Thus, I plan to set aside time in 2010 to unite with others toward positive action, loving kindness, and going with the flow - enjoying it all the while! We at the Center look forward to working with all of you in 2010!

Let's Pay It Forward!

Several years ago, I saw a movie called, *Pay It Forward* whose theme was “Do something nice for someone now, and they will in turn do something nice for someone else in the future, and so on”. How many times have you tried to drive out of a street and someone lets you in? Then later on, when you are driving and someone needs to enter traffic, you let them in. Why not simply start offering loving acts of kindness and let that kindness begin to ripple forward into the world? Perhaps you could call someone you know would like to hear from you, or visit an elderly neighbor, or offer to help a friend with their housework. I wish you and your family a Very Happy Giving and Receiving in 2010.



Karen Puglia



Maria Peterson

Voice your Soul ... Live in Unity

Our soul’s voice is a voice that we have confidence in and trust: a voice that lives beyond the control of our emotions and belief systems. When we use our soul as the guiding voice, we have a resilient, inspired conductor that directs our life to move gracefully and beautifully into the flow of the divine plan. Our soul’s energy unites with others who are on a similar path, creating a great universal orchestra with a sweet, powerful melody. In 2010, I urge you to let your soul’s voice speak and enact the energy of your soul’s unique voice as you unite in the divine melody with the voices of fellow souls. Blessing you with a strong, clear, harmonious and united choir for 2010.



Announcing IET's Top 29 Instructors of 2009



Our IET community has grown to over 36,000 Basic, Intermediate, Advanced, and Master-Instructor students. This rapid growth in the size of the worldwide IET classroom is due to the loving work of the hundreds of IET Master-Instructors who have responded to their heart's desire to teach, have faced their fears and, with the help of their angels, taught IET classes. In 2009, 248 Master-Instructors taught one or more IET classes. Collectively they taught just over 1,160 Basic, Intermediate, and Advanced Classes, to just over 3,350 students. The largest class had 20 students and there were many 1-student "private" classes. The average class size was 3 students. We offer our profound gratitude to all IET Master-Instructors who have taught IET to one or to one hundred students. It is through their loving work that we are fulfilling the angels' mission of healing the world one-heart-at-a-time.

The Top 29 IET Instructors for 2009 are the Master-Instructors who, based on the class lists we have received, have taught the largest number of Basic, Intermediate, and Advanced IET students over the period December 1, 2008 to December 1, 2009. Collectively, these Top Instructors taught over 1750 IET students during this time period. In addition to having their names listed alphabetically below, they will be able to list their 2010 IET classes on our website, receive a special "Top 29 Instructors of 2009" certificate from The Center of Being, and will be honored on our www.LearnIET.com website.

Please join with us in sending a heartlink of congratulations to our 2009 Top Instructors **listed alphabetically by last name** below.

Israel Berrios, Guaynabo, Puerto Rico
Vera Bondareva, Huntingdon Valley, PA, USA
Edmond Carroll, Athboy, Co. Meath, Ireland
Noeleen Connolly, Derry, Co. Derry, N.Ireland
Tina Daly, North Hollywood, CA, USA
Ryan Greenwood, Dublin 2, Ireland
Nancy Haney Duke, Miami Beach, FL, USA
Maria Henkes-Tenniglo, Abbekerk, NL
Annelies Hoornik, Capelle aan den IJssel, NL
Janet Kindred, White City, SK, Canada
Maria Kramer, Westbury, NY, USA
Meggy Lenferink, Einighausen-Sittard, NL
Nancy Livingston, Hollywood, FL, USA
Sky Lubka, Palm City, FL, USA
Maria Jesus Marin Lopez, Dublin 7, Ireland

Michelle McCarthy, W. Springfield, MA, USA
Mieke Michielsen, Zoersel, Antwerp, Belgium
Kathleen Monahan, Feasterville, PA, USA
Delphine Morizot, Le Taillan Medoc, France
Gretta Murphy, Canfie, Beara, Co. Cork, Ireland
Chantal Muyle, Almeria, Spain
Angelika Niedling, Ottawa, ON, Canada
Carmel O'Callaghan, Mallow, Co. Cork, Ireland
Leon Pelletier, Sedona, AZ, USA
Paulette Richard-O'Rourke, Mashpee, MA, USA
Phoenix Rising Star, Sedona, AZ, USA
Eileen Ruf, Spencerport, NY, USA
Diane Shewmaker, Olympia, WA, USA
Lieveke Volcke, Oedelem, West-Vlaanderen, Belgium

2009's IET® Instructor of the Year **Edmond Carroll**

A special "Instructor Of The Year" award is given to the one IET Master-Instructor who has both taught the most IET students over the period December 1, 2008 to December 1, 2009 and received wonderful reviews from his/her students. It is our pleasure to announce that the Instructor Of The Year for 2009 is Edmond Carroll of Athboy, County Meath, Ireland. Edmond will receive the 2009 Instructor Of The Year certificate from The Center Of Being and he will be honored on our www.LearnIET.com website.



Edmond Carroll
2009 IET
Instructor of the Year

Edmond became an IET Master-Instructor in 2003 and has been a Top Instructor since 2007. He teaches IET classes and Healing Angels Workshops throughout Ireland. You can learn more about Edmond on his website at www.edmondcarroll.com.

When It Hurts – IET Can Help You Self-Heal

2010 Integrated Energy Therapy® Master-Instructor Class Schedule

How often have you experienced a sudden unexpected downturn in physical, emotional, or mental wellness? One of the greatest gifts of IET is that it empowers you to work on yourself to direct the power of angelic energy to bring and keep you on the upward path. In addition, whenever you direct IET, either through client sessions or teaching classes to support others, your personal spiritual self-healing journey is accelerated.



Our IET Master-Instructor class takes the power of IET to its ultimate level. Our program lets you immerse yourself in all the IET energy rays, which optimizes your 12-Strand DNA, and helps you reach for the stars in your own life. Saturday's agenda is focused on using sacred geometry to harness the IET energy rays as you work directly with the 12-Strand DNA for your self-healing as well as for supporting others. You will learn the 12-Strand Alignment Technique, the IET Powerburst Technique, the I-Chi Technique, the Karma Clearing Technique, and more. Sunday's Agenda is focused on DNA techniques for attuning IET students and teaching Basic, Intermediate, Advanced, Pets, Kids, and Healing Angels IET classes.

CE Hours: 16 NCBTMB Massage CE hours are available for USA classes.

Location	Trainer	Class Days & Dates 2010
Plymouth, MA, USA*	Karen Puglia	Sat. & Sun. March 20 & 21, 2010
Austin, TX, USA*	Maria Peterson	Sat. & Sun. April 10 & 11, 2010
Cork , Co. Cork Ireland *	Karen Puglia	Sat. & Sun. April 24 & 25, 2010
Mahwah, NJ, USA	Stevan Thayer	Sat. & Sun. May 1 & 2, 2010
Herndon, VA, USA*	Karen Puglia	Sat. & Sun. May 15 & 16, 2010
Schoten, Belgium	Stevan Thayer	Sat. & Sun. June 19 & 20, 2010
Ottawa, ON, Canada	Maria Peterson	Sat. & Sun. June 26 & 27, 2010
Sherman Oaks, CA, USA*	Maria Peterson	Sat. & Sun. July 24 & 25, 2010
Providence, RI, USA*	Karen Puglia	Sat. & Sun. August 21 & 22, 2010
Langhorne, PA, USA*	Karen Puglia	Sat. & Sun. September 11 & 12, 2010
Boulder, CO, USA*	Maria Peterson	Sat. & Sun. September 11 & 12, 2010
Toronto, ON, Canada*	Maria Peterson	Sat. & Sun. September 25 & 26, 2010
Dublin, Ireland	Stevan Thayer	Sat. & Sun. October 2 & 3, 2010
Sedona, AZ, USA*	Maria Peterson	Sat. & Sun. October 16 & 17, 2010
Westbury, NY , USA*	Karen Puglia	Sat. & Sun. November 6 & 7, 2010
Hollywood, FL, USA*	Karen Puglia	Sat. & Sun. November 13 & 14, 2010

*** Accelerated Training Locations:** we are offering special “accelerated training” in cooperation with area Masters at these locations where you can take all four IET levels (Basic to Master-Instructor) together will receive 10% off! See our website for more details and exact class dates.

For Up-to-Date IET Class Listings: As the year unfolds, we may be offering additional Master-Instructor classes in 2010. If we do, they will be included in an email announcement as well as listed on www.LearnIET.com.

Registration: IET Master-Instructor classes are in general open to the first 20 students who register with a paid deposit. All IET Master-Instructor classes run from 9:30 AM to 6:00 PM on Saturday and 9:30 AM to 5:00 PM on Sunday unless otherwise noted. See page 6 for registration procedures.

HOW TO REGISTER FOR OUR IET M-I CLASSES

It Pays To Register Early! Our early bird student class fee applies when your student registration deposit is received at least 30 days prior to the class date; otherwise, the normal class fee applies.

MI Class Location	Student Early Bird Fee*	Student Normal Fee*	Student Deposit	Reviewer (Early/Normal)*
USA	\$635 US	\$685 US	\$210 US	\$95/\$105 US
Ireland & Belgium	€635 Euro	€685 Euro	€210	€95/€105
Canada	\$685 CDN	\$735 CDN	\$250 CDN	\$100/\$110 CDN

* Note: some of our MI classes include an optional lunch at an additional fee.

Register On-Line With Credit Card or PayPal Deposit Payment Via Our Internet Booking Form: You can register on-line through our secure server by selecting the Master-Instructor Level tab on our www.LearnIET.com website. Then select the “register on-line” feature on the bottom of the page. Simply fill out the on-line form. We will send you a detailed registration confirmation.

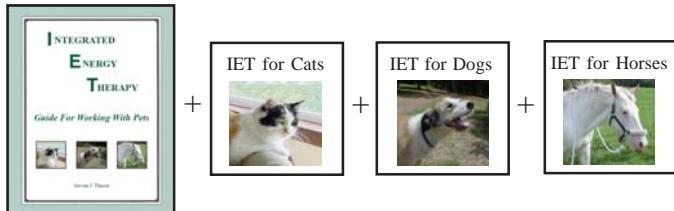
Register by Phone With Credit Card Deposit Payment: You can register by phone by calling us at The Center of Being at USA (845) 657-7220 (please remember the Center is on Eastern U.S. Time). We will be happy to take your registration information over the phone.

Register With Check or Wire Transfer Deposit Payment: We can accept \$US checks, \$CDN checks, and €Euro checks payable to **The Center of Being**. In Europe, wire transfer payments can be made to our Bank of Ireland account. Please call us for account details. Please mail your check along with a note indicating the class you wish to register for, to: The Center of Being, PO Box 883, Woodstock, NY 12498 USA. Phone: (845) 657-7220. You will be registered, and your space confirmed in the class, only after we have confirmed your deposit payment.

NEW IET PRODUCTS

IET for Pets Home Study Course

In 2002 we introduced our IET for Pets Class to support Basic Level IET students who wanted to know how to adapt their IET skills to work on cats, dogs, and horses. We are pleased to offer our IET for Pets class as a home study course to all IET students who have taken at least the Basic Level IET Class. Note: This is the only IET class we will offer as a home study course.



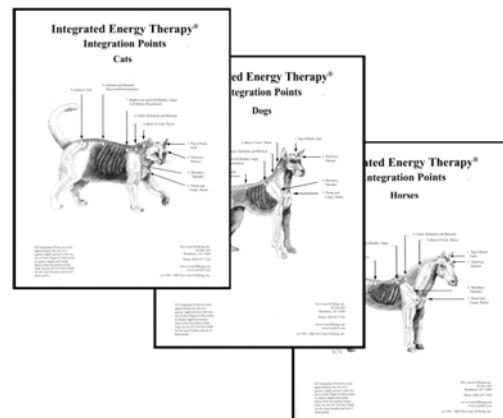
Price \$65 - includes guide book, 3 audio CDs, and Certificate. (Note: CE hours are not available for this home study course).

IET for Pets Posters

This poster is perfect for framing (fits many poster frames). It is black and white, with details showing all the IET integration points for each animal. Not laminated. Size: 20" w x 28" h.

Note: You must have taken an IET Basic level class to be able to order these posters.

Price: \$10.00 each or 3-poster set for \$25.00



Announcing Four 2010 Master-Instructor Retreats



2010 Retreat Theme: Unity In Action

We invite you to join together with the community of Master-Instructors and experience Angel Ariel's new IET Homecoming and Unity in Action processes which can elevate your energetic vibration beyond the high vibrations of Joy and Compassion to bring you into a deep state of peace, which will help the angels heal the world one-heart-at-a-time, and accelerate the journey of your soul.

Meet your Angel Family

Make new Friends

**Participate in the new
Homecoming &
Unity In Action
Processes**

*Accelerate the
Journey of your
Soul*

*Enjoy a Great
Lunch*

Saturday October 9, 2010 9:30am - 5:30pm	Dublin, Ireland: Led by Carol Armitage & Stevan Thayer Best Western Sheldon Park Hotel, Kylemore Rd, Dublin, Ireland
Saturday October 23, 2010 9:30am - 5:30pm	Sedona, AZ: Led by Maria Peterson Sedona Community Center, 2615 Melody Ln, Sedona, AZ, USA Ottawa, ON, Canada: Led by Karen Puglia Embassy Hotel and Suites, 25 Cartier St., Ottawa, ON, Canada
Saturday October 30, 2010 9:30am - 5:30pm	Mahwah, NJ: Led by Carol Armitage & Stevan Thayer Doubletree Hotel, 180 Rt 17 S, Mahwah, NJ, USA

A delicious lunch is included in the price of each Retreat. Vegetarian choices will be available.

Location	Price	Early Bird Price	Early Bird Cutoff
Dublin	€150	€125	Sept. 8, 2010
Sedona	\$150 US	\$125 US	Sept. 22, 2010
Ottawa	\$160 CDN	\$130 CDN	Sept. 22, 2010
Mahwah	\$150 US	\$125 US	Sept. 29, 2010

Space is limited, so register early on-line at www.LearnIET.com or by calling us at USA (845) 657-7220!

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