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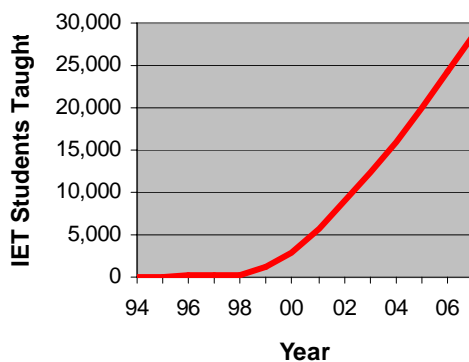
The Center Of Being, Inc.

January - December 2008

Healing the World One-Heart-At-A-Time

When Stevan began teaching IET® in 1994, he asked the angels to help spread IET beyond its origins in New Jersey to New York, or even New England. The angels have done this and more. Today there are IET students in 52 countries including Argentina, Kenya, Russia, Trinidad, Uzbekistan, and Zimbibwae. We are truly honored and blessed by what the angels (and IET Master-Instructor Earth Angels) have done.

IET® continued to grow at a wonderful rate in 2007. We now have over 1,850 Integrated Energy Therapy® Master-Instructors who have taught more than 7,200 IET classes that have been held in over 25 countries with over 28,500 Basic, Intermediate, Advanced, and Master-Instructor IET students taught.



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Integrated Energy Therapy® News



IET Hits the Big Time!

The angels worked behind the scenes last year and opened the doors so that we could bring IET classes for the first time to the prestigious Omega Institute and Kripalu Center for Yoga and Health. This allowed us to advertise Integrated Energy Therapy to millions of people through the distribution of their catalogs and websites. Stevan taught the Basic, Intermediate, and Advanced levels to an enthusiastic gathering of students at both centers. He is already scheduled to teach IET again at the Omega Institute from May 23 to 26, 2008.

Experience the Joy and Live Compassionately

As we continue to practice our World Angel Grid Phase 3 Pure Joy process and fill our hearts to overflowing with joy, this expanded energy of joy will then flow out into the world and touch the lives of others. This overflowing of energy will cause compassionate living, which is our healing theme for 2008 and our 2008 MI Retreats. There will be six MI Retreats this year: four in the U.S., one in Ireland and one in Canada. Each retreat will be one-day long and will feature the new Phase 4 “Compassionate Living” WAG process. (see page 5).

Honoring our Top Teachers

It is because of the loving efforts of all of the IET Master-Instructors who have followed their hearts, honored their soul’s purpose, and applied their gift of teaching to IET, that our IET community has grown around the world. We offer our thanks to all Master-Instructors, whether they have taught one IET student or one hundred IET students. This year we are honoring the Top 27 Teachers of 2007 as well as our 2007 Teacher of the Year. (see page 6).

Supporting You in 2008

We will be expanding our focus in 2008 on implementing new ways to support IET Master-Instructors, and for Master-Instructors to support their IET students. We are brainstorming ideas through a series of conference calls and newsletters with the most active Master-Instructors and will be excited to share these ideas with you as they develop!

What the World Needs Now is



Stevan Thayer

love, sweet love. With many expressions of fear around our planet (wars, civil unrest, economic instability, and global warming to name a few), as the song says, what the world needs now is love, sweet love. Love is an energy that is divine in origin. As human beings we cannot create love, nor can we contain love. But we can be incredible channels of love, and compassion is the action of love. If we each continue to bring more and more of the World Angel Grid energy of Pure Joy into our lives and express it compassionately into the world, we will automatically enact our healing theme for 2008 - Compassionate Living. Please join with me in spreading the energy of Pure Joy compassionately by offering loving acts of kindness to yourself, to everyone you meet, and to the planet.

(For additional information please see pages 3 and 4).

When I see a heart symbol, I think compassion. It's what I aspire to. The difficult bit comes when I'm under stress or feeling pressured, and I have to remind myself that the people who are irritating me are simply reflections or pieces of myself and the human race. We are one. We're all in it together, and it serves us now more than ever to remember that we have to work together to find solutions to challenges with the environment, jobs, health care, and more. Our world has become much too divided, and it's time to practice compassion to bring us back together.



Carol Armitage

Compassion is a feeling deep within ourselves - a "quivering of the heart" -and it is also a way of acting - being affected by the suffering of others and moving on their behalf. (From the Website Spirituality Practice-Resources for Spiritual Journeys)



Karen Puglia

This quote truly expresses how I would describe Compassion - "a quivering of the heart". How do we show Compassion when we observe others in pain - whether it be physical, emotional, mental, or spiritual pain? Sometimes it is with our eyes expressing a feeling of understanding and that may be all that is needed. Other times, we may actually be able to do something. However, it is the "feeling deep within ourselves" that allows us to feel compassion and search for the "right" thing to do. As we prepare in our IET community for the year of Compassion, let us observe daily the areas in our lives where we can become familiar with and express Compassion.

2008 a year of Compassion

Compassion is when I meet you nose to nose.
I look into your eyes and you look into my eyes.
All we see is laughter and caring.

No fear is present and no other thing matters, because together, **our** compassion for life, yours and mine, is the only thing between us and has made us one.

May 2008 unfold reverently and compassionately for you
like a new friendship or a prayer.



Maria Peterson

PUT SOME GRID INTO YOUR LIFE AND PREPARE YOURSELF FOR COMPASSION!



You can bring the healing power of the World Angel Grid into your life to help you in your self-healing spiritual journey especially if:

- you are facing challenges in your life,**
- you want to manifest more of your dreams,**
- you want more Peace and Joy in your life.**

We are pleased to introduce two new IET WAG Techniques. These new techniques are outlined below and described in more detail on our website. We hope you use them often, enjoy them, and receive their healing gifts.

5-MINUTE IET WAG HEALING PROCESS

Great for use as a daily self-healing practice.

Heartlink: Heartlink to Angel Ariel and the Healing Angels.

Prayer: Ask the angels to guide, direct, surround and protect you and ask that this be for your highest good and healing.

Do an Expanded Basic 5-minute Empowerment: This is done by touching the nine-sets of IET Integration points, one set at a time, and when you touch each set of points, send out a heartlink to the layer of the WAG that corresponds to that Healing Angel and connect to the healing power of the WAG. Here's how:

Touch points for → Heartlink to WAG → Clear/Imprint

Top of Head	Raphael	Guilt/Innocence
Third Eye	Gabriel	Distrust/Trust
Throat	Celestina	Shame/Spir. Pride
Neck	Celestina	Distrust/Trust
Shoulders	Faith	Shoulds/Freedom
Heart	Cassiel	Heartache/Love
Liver/GB	Daniel	Anger/Forgiveness
Stomach/Adr.	Sarah	Powerlessness/Ease
Kidneys	Michael	Fear/Safety

Final Balance and Grounding: Touch right hand to left knee and left hand to right knee.

FULL IET WAG POWER HEALING PROCESS

Great for maximizing the amount of Joy in your life.

5-Minute WAG Healing Process: Start with the 5-Minute WAG Healing Process described to the left, and before the final balancing and grounding add the following.

Power Steps to Transformation: Activate the automatic activations for the "IET Power Steps" techniques as presented in our Power Steps CD and outlined below.

IET Power Step → Automatic Activation

Step 2: DNA	Touch thumb to ring finger
Step 3: Karma	Touch Karma points back of skull
Step 4: Forgiveness	Put hands in prayer pose
Step 5: Empowered Heart	Infinity hand mudra

Freedom: Automatic activation - drop an angelic halo from the top of your head to your feet, cutting the cords of codependency.

Pure Joy: Use your Joy Stone to bless everyone in your life and elevate them and yourself, with the help of the cherubs, to a wonderful state of Pure Joy. The objective is to hold the energy of Pure Joy in your heart for 10 to 30 minutes. The energy of Joy will stay with you for long after the process.

Final Balance and Grounding: Touch right hand to left knee and left hand to right knee.

As above, so below. - As you heal, so does the world. - Each time you do the 5-Minute IET WAG Healing Process or the Full IET WAG Power Healing Process you not only receive a wonderful gift of healing for yourself, but you also send a powerful healing gift (through the power of the World Angel Grid) to all people worldwide, as well as to the planet!

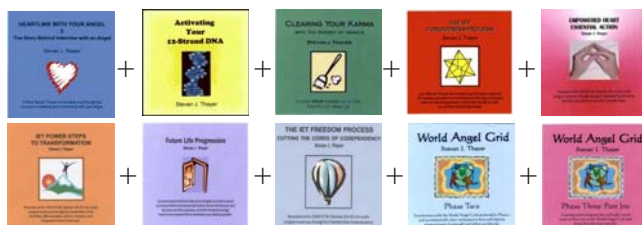
Please Don't Forget the IET Basics

In addition to using our new World Angel Grid Healing Processes, please remember to use traditional Basic, Intermediate, Advanced, or MI IET techniques as part of your ongoing self-healing spiritual journey. Not only are IET sessions perfect to help you work through life's difficulties, but they are also wonderful ways to support you in expanding your energy channel so that you can live your life's essential action and manifest even more of your dreams in life. In addition, if you are a caregiver and offer IET or other holistic sessions to others, please remember to receive as well. We recommend that for every 20 sessions you give to others, that you receive one IET session for yourself.

Save With Our Special IET Step and WAG Audio Product Offers

(these special prices good through April 15, 2008)

Save 25%
with our IET
“Steps to
Transformation”
CD Box Set:



The complete set of 10 audio CDs plus a Joy Stone
for only **\$92.00 US** - (\$123.00 if purchased individually)
you save \$31.00

Note: Master-Instructors also receive our WAG Phase 1 - Anchoring Grid CD

The special CD Box Set Includes

1. Heartlink with your angel
 2. Activate your 12-Strand DNA
 3. Clearing Your Karma
 4. IET Forgiveness Process
 5. IET Empowered Heart Process
 6. Powersteps to Transformation
 7. Future Life Progression
 8. Freedom Process
 9. World Angel Grid Phase 2 - Healing
 10. World Angel Grid Phase 3 - Pure Joy
- Bonus: We also include a Joy Stone used
in the automatic activation in WAG 3

**WAG3 Combo
CD & Joy Stone**
\$15.00 (you save \$2.00)



Our **Joy Stones**, custom made for us by a potter in Massachusetts, are light tan, clear glazed, 1.5 inch earthy ceramic, with a thumb indent on front and purple printing of the word “joy”. Perfect for giving to friends and family when you want to spread a little JOY! Our **WAG 3 CD** is the complete 1 hour recording of our 2007 World Angel Grid Pure Joy process.

**Relationships
Special**
\$48.00 (you save \$11.00)



Sacred Relationships 2-CD set +
Secrets Behind a Great Relationship 5-CD set

To Order: on-line at www.LearnIET.com or by phone: Call The Center of Being, Inc. on USA (845) 657-7220.
All prices are in \$US dollars. Shipping charges will be applied to all orders.

PLEASE PLAN TO JOIN US FOR WORLD ANGEL GRID PHASE 4

“Compassionate Living” taking place on Saturday, October 18, 2008

We invite all IET students to participate in our Phase 4 “Compassionate Living” WAG program. We anticipate that thousands of IET students around the world will once again join together at 3:33 PM in their local time zone and participate in our Phase 4 WAG program. Our Phase 4 program will be approximately 1 hour in length. Stevan will be creating a WAG Phase 4 audio CD program which will lead you through the new Phase 4 WAG process designed to clear your energy field, elevate your vibration, and help you and people worldwide live compassionately. The Phase 4 WAG audio CD will be available for purchase in August 2008. In addition, we will again be offering a free webcast of our WAG program via our www.LearnIET.com website all day Saturday, October 18th.

Our Special Phase 4 WAG Program for Master-Instructors: Strap on Your Spiritual Seatbelts!!!

The focus of for all six of our IET MI Retreats will be Compassionate Living and we will include the new Phase 4 WAG process at all retreats. In addition, we are holding our U.S. MI Retreats on World Angel Grid Day 2008. Imagine the energy of the MI Retreat combined with the energy of the World Angel Grid. See page 5 for details.

Announcing Six 2008 Master-Instructor Retreats

Retreat Theme: Compassionate Living

Compassion is the natural action that results whenever the energy of love flows out from a human heart that is filled with the energy of joy. Compassionate living results when you express your life's essential action with a joy-filled heart.

Angel Ariel

Join together with the community of Master-Instructors and experience the new IET Compassionate Living process. Combining World Angel Grid energy with the group's power and angel family processes, you will learn how to live your life compassionately and bring your life's essential action into the world with Joy.

9:30am - 5:30pm

Saturday October 4, 2008	Dublin, Ireland: Best Western Sheldon Park Hotel, Kylemore Rd, Ph: 01-4601055 Led by Carol Armitage & Stevan Thayer
	Ottawa, Canada: Travelodge Hotel, 1376 Carling Avenue Ottawa, Ph: (613) 722-7600 Led by Maria Peterson & Karen Puglia
Saturday October 18, 2008 (WAG Day!)	Sedona, AZ: Sedona Heartwalk Center, 2855 Southwest Dr., Suite 6, Ph: (928) 204-5589 Led by Maria Peterson
	Mahwah, NJ: Doubletree Hotel Mahwah, 180 Rt. 17 South, Ph: (201) 529-5880 Led by Stevan Thayer and Carol Armitage
	Norwood, MA: Courtyard by Marriott, 300 River Ridge Dr., Ph: (781) 762-4700 Led by Karen Puglia
Monday Nov. 10, 2008	Oldenburg, IN: Oldenburg Franciscan Center, Convent Drive Ph: (812) 934-2475 Led by Maria Peterson

A delicious lunch will be provided as part of each Retreat. Vegetarian choices available.

Location	Price	Early Bird Price	Early Bird Cutoff
Ireland	€150	€125	Sept. 4, 2008
Canada	\$160 CDN	\$130 CDN	Sept. 4, 2008
USA	\$150 US	\$125 US	Sept. 18, 2008

How to Register: Space is limited, so register early! See page 8 for registration procedures.



Announcing IET's Top 27 Instructors of 2007



In October 1998, when the first IET® Master-Instructor class was taught by Stevan, the IET student community consisted of just over 300 IET Basic, Intermediate, Advanced, and Master-Instructor students. Today the IET community has grown to over 28,500 Basic, Intermediate, Advanced, and Master-Instructor students. This rapid growth in the size of the worldwide IET classroom is due to the loving work of the hundreds of IET Master-Instructors who have responded to their heart's desire to teach, faced their fears, and, with the help of their angels, taught IET classes. We offer our profound gratitude to all IET Master-Instructors who have taught IET to one or to one hundred students. It is through their loving work that we are fulfilling the angels' mission of healing the world one-heart-at-a-time.

The Top 27 IET Instructors for 2007 are the Master-Instructors who, based on the class lists we have received, have taught the largest number of Basic, Intermediate, and Advanced IET students over the period December 1, 2006 to December 1, 2007. Collectively, these Top Instructors taught over 1500 IET students during this time period. In addition to having their names listed alphabetically below, they will be able to list their future IET classes on our website, receive a special "Top 27 Instructors of 2007" certificate from The Center of Being, and will be honored on our www.LearnIET.com website. Several of the top Master-Instructors taught as two or three person teaching teams. Each team was counted as one person in the top 27. This resulted in 30 top Instructors total. Please join with us in extending a heartlink of congratulations to our Top 27 Instructors of 2007 **listed alphabetically** below.

Sr. Anita Brelage, Oldenburg, IN, USA

Ingrid Britz, Sixmilebridge, Co. Clare, Ireland

Edmond Carroll, Athboy, Co. Meath, Ireland

Charlene Crossen, Exeter, RI, USA

Emma Duff, Dundrum, Dublin 16, Ireland

Andrea Dunham, Santa Monica, CA, USA

Vicki Frederiksen, North Hollywood, CA, USA

Judy Garbow, Cumberland, ME, USA

Annelies Hoornik, Capelle den Ijssel, Netherlands

Keith Horwitz, Studio City, CA, USA

Maria Kramer-Robinson, Hempstead, NY, USA

Sky Lubka, Palm City, FL, USA

Michelle McCarthy, W. Springfield, MA, USA

Margaret McEwan, Rothes, Banffshire, Scotland

Mieke Michielsen, Schoten, Antwerp, Belgium

Twilla Miller, Spencerville, OH, USA

Mary Moore, Cuffesgrange, Co. Kilkenny, Ireland

Delphine Morizot, Le Taillan Medoc, France

Gretta Murphy, Tramore, Co. Waterford, Ireland

Lynn Neilson, Roxboro, QC, Canada

Carmel O'Callaghan, Mallow, Co. Cork, Ireland

Leon Pelletier, Sedona, AZ, USA

Patricia Penot, Fontainebleau, France

Fabienne Proz, Lausanne, Switzerland

Phoenix Rising Star, Sedona, AZ, USA

Hallie Sawyers, Rochester, NY, USA

Andrey Sokurov, Los Angeles, CA, USA

Barbara Stone, Millersburg, OH, USA

Sinead Sugrue, Curragh, Co. Kildare, Ireland

2007's IET® Instructor of the Year

Mieke Michielsen

In addition to the Top 27 in 2007, a special "Instructor Of The Year" award is given to the one IET Master-Instructor who has both taught the most IET students over the period December 1, 2006 to December 1, 2007 and received wonderful reviews from his/her students. It is our pleasure to announce that the Instructor Of The Year for 2007 is Mieke Michielsen of Schoten, Antwerp, Belgium. Mieke will receive the 2007 Instructor Of The Year certificate from The Center Of Being and she will be honored on our www.LearnIET.com website.

Mieke became an IET Master-Instructor in 2001 and has been a top teacher for the past several years. She teaches IET classes, Angel Workshops, and Crystal Workshops through her Kristallenpoort (Crystal Gate) center.



Mieke Michielsen
2007 IET
Instructor of the Year

2008 Integrated Energy Therapy® Master-Instructor Class Schedule

It's like treating yourself to a two-day energy spa that completes your expansion to the Integrated Energy Therapy® energy rays, and fully activates your 12-Strand DNA. We enhanced our IET® Master-Instructor class, using a new class agenda, adding new techniques, expanding the energy, and simplifying the training. All M-I classes are taught in English.

USA CEUs: 16 NCBTMB Massage CEs are available for this class.



Saturday's Agenda is focused on IET Master-Instructor practitioner techniques. You will receive the M-I attunement and learn to use sacred geometry to harness the IET energy rays to work directly with the DNA for your self-healing and supporting others. You will learn the 12-Strand Alignment Technique, the IET Powerburst Technique, the I-Chi Technique, the Karma Clearing Technique, and more.

Sunday's Agenda is focused on attuning IET students, teaching IET classes, and learning extended IET skills. Our program lets you immerse yourself in all the IET energy rays, which optimizes your 12-strand DNA, and helps you reach for the stars in your own life. In addition, if teaching is your gift, this class certifies you to teach Basic, Intermediate, Advanced, Pets, Kids, and Healing Angels IET classes.

<u>Location</u>	<u>Trainer</u>	<u>Class Days & Dates 2008</u>
Little Rock, AR, USA	Karen Putglia	Sat. & Sun. March 15 & 16, 2008
Dallas, TX, USA*	Maria Peterson	Sat. & Sun. March 15 & 16, 2008
Saugerties, NY, USA	Stevan Thayer	Sat. & Sun. March 29 & 30, 2008
Providence, RI, USA	Karen Puglia	Sat. & Sun. April 5 & 6, 2008
Sedona, AZ, USA*	Maria Peterson	Sat. & Sun. April 19 & 20, 2008
West Dublin, Ireland	Stevan Thayer	Sat. & Sun. May 3 & 4, 2008
Nashua, NH, USA	Karen Puglia	Sat. & Sun. May 3 & 4, 2008
Ottawa, ON, Canada	Karen Puglia	Sat. & Sun. May 31 & June 1, 2008
Schoten, Belgium	Stevan Thayer	Sat. & Sun. June 21 & 22, 2008
St. Louis, MO, USA	Maria Peterson	Sat. & Sun. June 21 & 22, 2008
Shannon, Co. Clare, Ireland	Karen Puglia	Sat. & Sun. July 19 & 20, 2008
Palm City, FL, USA	Karen Puglia	Sat. & Sun. August 23 & 24, 2008
St. Cloud, MN, USA*	Maria Peterson	Sat. & Sun. August 23 & 24, 2008
Brunswick, ME, USA	Karen Puglia	Sat. & Sun. September 13 & 14, 2008
Toronto, ON, Canada*	Maria Peterson	Sat. & Sun. September 13 & 14, 2008
West Dublin, Ireland	Stevan Thayer	Sat. & Sun. September 27 & 28, 2008
Montreal, QC, Canada	Karen Puglia	Sat. & Sun. November 8 & 9, 2008
Oldenburg, IN, USA*	Maria Peterson	Sat. & Sun. November 8 & 9, 2008

* **Accelerated Training Locations:** we are offering special "accelerated training" in cooperation with area Masters at these locations where you can take all four IET levels (Basic to Master-Instructor) in a special 5-day training and receive 10% off!

For Up To Date IET Class Listings: As the year unfolds, we may be offering additional Master-Instructor classes in 2008. If we do, they will be included in an email announcement as well as listed on www.LearnIET.com.

Registration: IET Master-Instructor classes are in general open to the first 20 students who register with a paid deposit. All IET Master-Instructor classes run from 9:30 AM to 6:00 PM on Saturday and 9:30 AM to 5:00 PM on Sunday unless otherwise noted. Please see page 8 for registration procedures.