

❖ Journal of Energy Therapy ❖

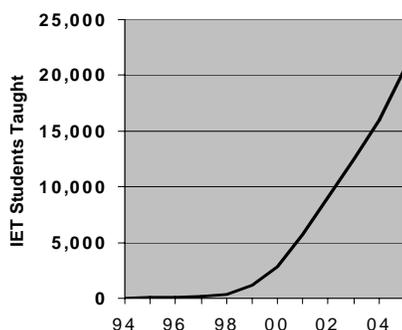
Volume 11

The Center Of Being, Inc.

January - December 2006

Healing the World One-Heart-At-A-Time

In 2005 IET® grew at an even faster rate than in 2004. We now have over 1,250 Integrated Energy Therapy® Master-Instructors. There have been more than 4,800 IET classes held in over 25 countries with over 20,500 Basic, Intermediate, Advanced, and Master-Instructor IET students taught.



We would like to acknowledge the wonderful growth of IET in the relatively new IET countries of Australia, France, Germany, Spain, and Switzerland. Our gratitude goes to the IET Master-Instructors who live in, or traveled to, those countries who made this expansion possible.



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Integrated Energy Therapy® News

Wishing You An Angelic New Year!

The trainers and staff here at The Center Of Being wish you and your loved ones a very Angelic New Year filled with peace, ease, joy, health, prosperity, and love.



A Blessing Can Really Make A Difference

We introduced our new angelic “Bag of Blessings” early in 2005 and IET students worldwide have sung their praise. IET M-I Anita D’Onofrio donated 20 Bags of Blessings to a Crisis Intervention Social Worker who placed them in a fish bowl for those who visited the shelter. Clients at the shelter took an angelic blessing card after their counseling session. One gang member took an angelic blessing card after his session and because of the blessing card he picked he did not commit the violent act of revenge that he was planning. Never underestimate the power of a blessing!



Sprechen Sie Deutsch?

Our IET Basic, Intermediate, Advanced, and Healing Angels training guides are now available in German. We would like to thank IET Master-Instructors Ralf Muller and Rita Maute for their skillful translation of our IET guides. IET guides are now available in Dutch, English, French, German, and Spanish.

Need Angelic Support?

Our “Need Angelic Support” feature on our www.LearnIET.com website was used by people around the world in 2005 who made over 2600 requests for angelic support. Each request is sent electronically to our team of over 1000 IET Master-Instructors who send IET energy in response to the request. You can request support for yourself and for loved ones.

Make Sure We have Your Email Address

If we have your email address, then you already received the email version of this Journal. If you did not receive an email version, and would like to, then please send an email to Journal-Of-Energy-Therapy@LearnIET.com and we will add you to our list. Please know we keep all email addresses private and never share them with other organizations.

A Message From Stevan On ... Sacred Relationships



Stevan Thayer

When we cut the cords of codependency, we release our need for approval from others, and we live our life interdependently in relationship with others. As we do this, we can form what we call ordinary relationships or we can form Sacred Relationships.

Ordinary relationships are ego-based relationships that support your ego in achieving happiness and avoiding pain. Sacred Relationships are soul-based relationships that support your soul in expressing your life's essential action and fulfilling its mission in life - as well as fulfilling your part of the overall divine plan. Sacred Relationships always bring you into a higher state of spiritual communion with the Divine and a deeper level of peace. I am using the terms ordinary and sacred to define two ends of a spectrum of relationships. All relationships will be somewhere along this spectrum, and any specific relationship can shift at any time from being more sacred to more ordinary, or more ordinary to more sacred. The degree of sacredness that a person experiences in a relationship is dependent on their inner perception and experience of the relationship.

As a result of our gift of self-will operating through our ego, it is easy for us to form ordinary relationships. Ordinary relationships are essential to let us play this wonderful spiritual game called "human life". Unless we work on a deeper spiritual level, we might miss out on the richness of the experience of Sacred Relationships in our life. We can use angelic energy to bring more sacredness into all our relationships. Sacred Relationships begin with the development of your personal Sacred Relationship with the Divine. As you enter into Sacred Relationship with the Divine, you will be filled with a timeless feeling of peace that bubbles up from within you and you can more easily live in the present moment of time – the eternal now. You radiate peace through your energy field and your presence blesses people wherever you go.

As you begin to master your Sacred Relationship with the Divine, you can extend the energy of Sacred Relationship to others. As others accept your energetic invitation and join you in the energy of Sacred Relationship, you not only enhance the quality and fulfillment of your own life, but you also serve as a stabilizing force of peace in the world. You will find that you have the power to convert ordinary relationships in your life into Sacred Relationships. You also have the power to attract new Sacred Relationships into your life. Sacred Relationships are by their very nature solid and long term, and thus, can offer you a firm foundation upon which to build your life.

Angel Ariel provided us with many hours of channeled guidance on the subject of Sacred Relationships, which I assembled and structured into a series of new IET techniques that we can use not only to develop our personal Sacred Relationship with the Divine but also to extend the energy of Sacred Relationship with others. She even taught us how to test to see which people in our lives have the highest energetic potential for the energy of Sacred Relationship with us. I presented Angel Ariel's teachings at our 2005 IET Master-Instructor Retreats and we have captured the presentation on a 2 audio CD program (please see page 7 for details).

I encourage you to learn from Angel Ariel's teaching and cultivate and deepen your Sacred Relationship with the Divine. I then ask that you work to extend the energy of Sacred Relationship to your family and friends. As your skill in using Angel Ariel's Sacred Relationships IET Process grows, I ask that you extend the energy of Sacred Relationship to everyone you meet. This is essential, not only for your own spiritual development and experience of peace in your life, but also, it is essential to help us shift the energy of our world from its ordinary relationship focus to a Sacred Relationship focus. It is through the expansion of Sacred Relationships in our world that the angels will help us bring peace to the planet.

In addition to supporting IET students in creating Sacred Relationships in their lives through Angel Ariel's material that I presented at the Retreats, I am working on a plan that will let us work together as a global community in 2006 to create a planetary IET Sacred Relationship energy grid. This grid will utilize Angel Ariel's Sacred Relationship techniques to ultimately create an energy grid interwoven between IET students worldwide. I will be announcing the preliminary details of this grid formation process sometime in the Spring of 2006 via our website and email announcements.



Announcing IET's Top 25 Instructors of 2005



In October 1998 when the first IET® Master-Instructor class was taught by Stevan, the IET student community consisted of just over 300 IET Basic, Intermediate, Advanced, and Master-Instructor students taught. Today the IET community has grown to just over 20,500 Basic, Intermediate, Advanced, and Master-Instructor students taught. This rapid growth in the size of the worldwide IET classroom is due to the loving work of the hundreds of IET Master-Instructors who have responded to their heart's desire to teach, faced their fears, and with the help of their angels, taught IET classes. We offer our profound gratitude to all IET Master-Instructors who have taught IET to one or to one hundred students. It is through their loving work that we are fulfilling the angels' mission of healing the world one-heart-at-a-time.

We have initiated a new program designed to honor the IET Master-Instructors who have contributed the most to the growth of IET over the past year. To this end we have identified, based on the IET class lists we have received, the top 25 IET Instructors worldwide. These are the Master-Instructors who have taught the largest number of IET students over the period December 1, 2004 to December 1, 2005. In addition to having their names listed alphabetically below, these top Master-Instructors will receive a special "Top 25 Instructors of 2005" certificate from The Center of Being, and will be honored on our www.LearnIET.com website. Some Master-Instructors teach as a team and are indicated below with an*. Please join with us in extending a heartlink of congratulations to our Top 25 Instructors of 2005 listed alphabetically below.

Sr. Anita Brelage, Oldenburg, IN, USA
Jennifer Clark, Ottawa, ON, Canada
Charlene Crossen, Exeter, RI, USA
Carol Donahoe, West Park, NY, USA
Carol Dunning, Silver Spring, MD, USA* and
Vicki Elkins, Enola, AR, USA*
Kathleen Furze-Spencer, Dighton, MA, USA
Deborah Gorman, Stamullen, Co. Meath, Ireland
Patricia Guerin, Suffern, NY, USA
Margaret Kennedy, Clonmen, Co. Tipperary, Ireland
Sky Lubka, Palm City, FL, USA
Rita Maute, Southampton, PA, USA* and
Mike Wanner, Philadelphia, PA, USA*
Michelle McCarthy, W. Springfield, MA, USA

Sharlene McLearn, London, ON, Canada
Mieke Michielsen, Schoten, Antwerp, Belgium
Mary Moore, Cuffesgrange, Co. Kilkenny, Ireland
Gretta Murphy, Tramore, Co. Waterford, Ireland
Eugene Nau, Kutztown, PA, USA
Lynn Neilson, Roxboro, QC, Canada
Carmel O'Callaghan, Mallow, Co. Cork, Ireland
Nora O'Neill, Inagh, Co. Clare, Ireland
Patricia Penot, Fontainebleau, France
Diane Shewmaker, Olympia, WA, USA
Barbara Stone, Charlton, MA, USA
Maria Trumbach, Ottawa, ON, Canada
James Zarnowski, Hawaii, HI, USA

2005's IET® Instructor of the Year

In addition, a special "Instructor Of The Year" award is given to the one IET Master-Instructor who has both taught the most IET students over the period December 1, 2004 to December 1, 2005 and received wonderful reviews from his/her students. It is our pleasure to announce that the Instructor Of The Year for 2005 is IET Master-Instructor Nora O'Neill from Co. Clare, Ireland. Nora will receive the 2005 Instructor Of The Year certificate from The Center Of Being and she will be honored on our www.LearnIET.com website.

Nora became an IET Master-Instructor in 2002 and has taught IET extensively since that time. Nora teaches her IET classes primarily in her home area of Co. Clare, Ireland as well as in Co. Dublin.



Nora O'Neill
2005 IET
Instructor of the Year

IET® Master-Instructor Trainers

IET Master-Instructor Trainers are certified by, and work for, The Center of Being, Inc., and are the only ones authorized to teach our IET Master-Instructor classes. Here is the current family of IET M-I Trainers and the geographic regions in which they will be teaching Master-Instructor classes in 2006.



Maria Peterson

Maria lives in Delano, MN and is our regional Trainer for the Western and Mid-Western US as well as the areas of London and Windsor Canada.



Karen Puglia

Karen lives in Walpole, MA and is our regional Trainer for New England US as well as Ottawa and Montreal Canada. She will also teach in Ireland this year.



Nancy Russell

Nancy lives in Yardley, PA and is our regional Trainer in the US for the states of FL, NJ, PA, and the mid-Atlantic area. She also teaches at the Center for Human Integration in PA.



Stevan Thayer

Stevan lives in Woodstock, NY and is our regional Trainer for NY as well as Europe, Ireland, and the UK. He teaches yearly in Belgium, Ireland, and the Woodstock, NY area.

- New Expanded Agenda for 2006 with an Updated Training Guide - Our IET® Master-Instructor Training Class Helps You Reach for the Stars!

It's like treating yourself to a two-day energy spa that completes your expansion to the Integrated Energy Therapy® energy rays, and fully activates your 12-Strand DNA. We have enhanced our IET® Master-Instructor class, using a new class agenda, adding new techniques, expanding the energy, and simplifying the training.



Day 1 Agenda is now focused on IET Master-Instructor practitioner techniques. You will receive the M-I attunement and learn to use sacred geometry to harness the IET energy rays for your self-healing and supporting the self-healing of others. You will learn the 12-Strand Alignment Technique, the IET Power Sphere Technique, the I-Chi Technique, the Karma Clearing Technique, and more.

Day 2 Agenda is now focused on attuning IET students, teaching IET classes, and learning extended IET skills. Our program lets you gently immerse yourself in all the IET energy rays, which optimizes your 12-strand DNA, and helps you reach for the stars in your own life. In addition, if teaching is your gift, this class certifies you to teach the Basic, Intermediate, Advanced, Pets, Kids, and Healing Angels IET classes.

It Pays To Register Early! Our early bird student class fee applies when your student registration deposit is received at least 30 days prior to the class date. When registration deposits are received within 30 days of the class, the normal class fee applies.

MI Class Location	Student Class Fee	Student Early Bird Fee	Student Deposit	Reviewer (Early/Normal)
USA	\$685 US	\$635 US	\$210 US	\$60/\$70 US
Ireland & Belgium	685 Euro	635 Euro	210 Euro	60/70 Euro
Canada	\$790 CDN	\$745 CDN	\$300 CDN	\$80/\$90 CDN

Cancellation Policy: Your deposit will be refunded in full if you cancel for any reason more than 30 days prior to the class date; otherwise, you will forfeit \$100 US for USA classes, \$125 CDN for Canada classes, and 210 Euro for Irish and Belgian classes.

2006 Integrated Energy Therapy® Master-Instructor Class Schedule

We are pleased to be able to offer you the most extensive IET Master-Instructor training program yet. We are offering classes in exciting new locations to serve you better, and each class will be taught from our new ninth edition of the IET Master-Instructor training guide. Our new agenda focuses on Master-Instructor practitioner techniques on the first training day and Master-Instructor teaching techniques on the second training day. All M-I classes are taught in English.

<u>Location</u>	<u>Trainer</u>	<u>Class Days & Dates 2006</u>
Little Rock, AR, USA	Karen Puglia	Sat. & Sun. March 18 & 19, 2006
Saugerties, NY, USA	Stevan Thayer	Sat. & Sun. April 1 & 2, 2006
Providence, RI, USA	Karen Puglia	Sat. & Sun. April 22 & 23, 2006
Oldenberg, IN, USA	Maria Peterson	Sat. & Sun. April 22 & 23, 2006
Kill, Co. Kildare, Ireland	Stevan Thayer	Sat. & Sun. April 29 & 30, 2006
Philadelphia, PA, USA	Nancy Russell	Sat. & Sun. April 29 & 30, 2006
Jupiter, FL, USA	Nancy Russell	Sat. & Sun. May 6 & 7, 2006
Beverly, MA, USA	Karen Puglia	Sat. & Sun. May 20 & 21, 2006
Ottawa, ON, Canada	Karen Puglia	Sat. & Sun. June 3 & 4, 2006
Sandpoint, ID, USA	Maria Peterson	Sat. & Sun. June 3 & 4, 2006
Schoten, Belgium	Stevan Thayer	Sat. & Sun. June 10 & 11, 2006
Olympia, WA, USA	Maria Peterson	Sat. & Sun. June 10 & 11, 2006
Shannon, Co. Clare, Ireland	Karen Puglia	Sat. & Sun. July 15 & 16, 2006
Boulder, CO, USA*	Maria Peterson	Fri. & Sat. August 11 & 12, 2006
Yardley, PA, USA	Nancy Russell	Sat. & Sun. August 19 & 20, 2006
Brunswick, ME, USA	Karen Puglia	Sat. & Sun. Sept. 16 & 17, 2006
London, ON, Canada	Maria Peterson	Sat. & Sun. Sept. 23 & 24, 2006
West Dublin, Ireland	Stevan Thayer	Sat. & Sun. Oct. 14 & 15, 2006
W. Springfield, MA, USA	Karen Puglia	Sat. & Sun. Oct. 14 & 15, 2006
St. Cloud, MN, USA	Maria Peterson	Sat. & Sun. Nov. 4 & 5, 2006
Rochester, NY, USA	Karen Puglia	Sat. & Sun. Nov. 4 & 5, 2006
Yardley, PA, USA	Nancy Russell	Sat. & Sun. Dec. 2 & 3, 2006

* **Accelerated Study Location:** we have made special arrangements to have Basic, Intermediate, and Advanced level classes taught the three days prior to the Masters class for accelerated 5-day study.

For Up To Date IET Class Listings: We will be offering additional Master-Instructor classes in 2006. They will be included in the cyber Journal of Energy Therapy as well as listed on www.LearnIET.com.

Registration: IET Master-Instructor classes are in general open to the first 20 students who register with a paid deposit. (Some classes are smaller, depending on location and space available. Actual class limits are listed on www.LearnIET.com). All IET Master-Instructor classes run two days from 9:30 AM to 6:00 PM on day 1 and 9:30 AM to 5:00 PM on day 2 unless otherwise noted. You can register for all M-I classes on-line at www.LearnIET.com as well as by calling The Center of Being at (845) 657-7220. Ireland classes can also be registered via Brenda Kavanagh in Ireland at 047 72890, and our Belgian class can also be registered via Mieke Michielsen in Belgium at 03/658.65.96.



Our Thanks to IET® Master-Instructor Retreat Presenters and Attendees



USA Retreat



Ireland Retreat

Now Available to All IET Students

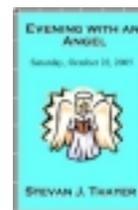
AUDIO TAPES RECORDED LIVE AT THE 2005 USA MASTER-INSTRUCTOR RETREAT

TEN SPECIAL IET WORKSHOPS

Designed to enhance your personal self-healing journey as well as support you in your IET client practice, special 1-hour audio tapes are **now available**. Individual tapes are \$7 US each and the entire set in a special 10-tape album is only \$55 US (a savings of \$15).

<u>Tape</u>	<u>Workshop</u>	<u>Speaker</u>
05-1	How to Be an IET Body Mechanic	Betty Miller
05-2	Living My Heart's Desire: Madison Avenue and Beyond	Marica LeBeau
05-3	Atlantis: Removing Atlantian Crystals	Maria Peterson
05-4	IET and Sacred Angel Meditations	Nora Mae Toy Riley
05-5	Songs from the Chalice	Dona Ho Lightsey
05-6	Healing with Pulsed Light	Melanie Crawford
05-7	IET Exorcism	Twink Miller
05-8	IET and Essential Oils	Yvonne Wilder
05-9	IET and Prosperity Consciousness	Robin Schwoyer
05-10	IET and Shamanism	Mary Stringos

EVENING WITH AN ANGEL



One of the favorite events of the M-I Retreats is our Evening with an Angel. Stevan channeled Angel Ariel's message on the world's energy as well as her answers to participant's questions at the USA retreat.

1-Hour AudioTape: \$7.00

We Are Taking A Sabbatical From M-I Retreats In 2006

We would like to thank the hundreds of IET Masters-Instructors who made our 2005 IET Master-Instructor Retreats the biggest, best, and highest energy Retreats that we have ever had the privilege to host. We extend our gratitude to the attendees, the speakers, and all those who helped before, during, and after the events. It is clear that we are truly blessed.

Now that the 2005 Retreats are a memory, and we reflect on this wonderful year, we are becoming increasingly aware that as the IET community grows, and we offer more and more products and services to support the community, we here at The Center of Being are close to exceeding our capacity. Something has to give. And regrettably, that something in 2006 will be our Master-Instructor Retreats. The IET Master-Instructor Retreats have taken on a life of their own over the past 7 years, and they demand a great deal of The Center's time and attention to plan for and conduct. And while we know many Master-Instructors consider the Retreat to be a high point in their year, we must take a sabbatical from Retreats in 2006.

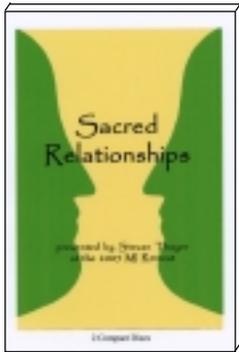
In place of having The Center of Being host two large centralized Retreats in 2006, we are working on a plan to have Master-Instructors worldwide host special IET gatherings for their communities in 2006. These coordinated gatherings will take place on the same day worldwide. We are currently working on the details (date, agenda, and locations) of these gatherings and will inform you of the details through an emailed announcement as well as through a posting on our website.

Please rest assured that the Center of Being will continue to offer Master-Instructor classes as usual, and support the IET community, as usual. The sabbatical from Retreats will give Stevan and Carol the time needed in 2006 for introspection, channeling, creativity, writing, and being. They will use 2006 to re-think The Center's focus and determine how it will best serve the IET community in the years to come.

We thank you in advance for your understanding and support, and think you will be delighted with what we will have time to create and develop during our "year off" from Master-Instructor Retreats.

Join Stevan in understanding, testing, creating, and living ...

Sacred Relationships



2-CD set
\$24.00 US

This new 2-CD audio program, recorded live at the 2005 IET Master-Instructor Retreat, begins by helping you to create and master your personal Sacred Relationship with the Divine (Agape). It then goes on to help you create non-romantic (Soulbuddy) Sacred Relationships in your life. By listening to this 2-CD set, you will learn how to:

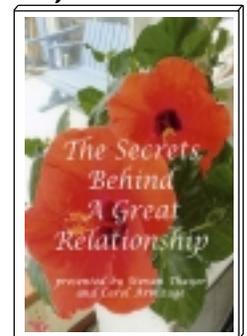
- ♥ Create Sacred Relationship with the Divine through the new IET® Angelic Gathering Process.
- ♥ Test the sacred energy potential of all your relationships.
- ♥ Extend Sacred Relationship energy to others with the new IET® SOWELU process.
- ♥ Convert ordinary relationships in your life into Sacred Relationships.
- ♥ Attract new Sacred Relationships into your life.

Also, Join Carol and Stevan in learning ...

The Secrets Behind a Great Relationship

Carol and Stevan have been happily married for over 22 years. In this 5-CD audio program they share the secrets of romantic Sacred Relationships (Soulmate). By listening to this 5-CD set you will learn:

- ♥ The 9-Secrets Behind A Great Relationship.
- ♥ The five universal shapes, and what your preference for them means.
- ♥ What you want from your perfect relationship.
- ♥ How to have your perfect relationship NOW!
- ♥ And much much more.



5-CD set
\$35.00 US

Save With Our Special Audio Product Offers

Relationships Special:



Sacred Relationships 2-CD set + Secrets Behind a Great Relationship 5-CD set for **\$48.00 US** (a savings of \$11.00)

Retreat Special:



All 10 Special IET Workshops 10-tape set + Evening with an Angel tape for **\$60.00 US** (a savings of \$17.00)

Step Special:



The complete set of 6 audio tapes for **\$45.00 US**
(a savings of \$12.00)

1. Heartlink with your angel
2. Activate your 12-Strand DNA
3. Clearing Your Karma
4. IET Forgiveness Process
5. IET Empowered Heart Process
6. Future Life Progression

To Order: On-Line at www.LearnIET.com or By Phone: Call The Center of Being, Inc. on USA (845) 657-7220.
Shipping charges will be applied to all orders.

Journal of Energy Therapy



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