

❖ Journal of Energy Therapy ❖

Volume 8, Issue 2

The Center Of Being, Inc.

July - December, 2003

Introducing Our New IET Logo



We are pleased to announce the introduction of our new logo for IET. Designed by Webworks in Ireland, the IET logo features a full color beaming hands image of Angel Ariel surrounded by a halo of golden colors. You can feel the IET energy radiating from it!

While a black and white version is shown above, a full color version of our new logo is featured prominently on the homepage of www.LearnIET.com where you can copy it.

We encourage you to use this IET logo in any and all IET advertisements you want to.

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Integrated Energy Therapy® News

Our “Cyber Journal of Energy Therapy”

In January, we introduced the “Cyber Journal”- an electronic version of the Journal of Energy Therapy that we distribute via email. IET students with email addresses received January, May, and July issues containing informative articles, updates and IET news. If you have an email address and did not receive these “Cyber Journals”, please send us an email at: Journal-Of-Energy-Therapy@LearnIET.com and we will add you to our cyber list. If you do not have an email address, perhaps you have a friend who does, who can receive your IET news updates for you? As we continue to grow, we will move more towards cyber mailings in the future. You can also read and print the Journal of Energy Therapy at www.learniet.com/journal_of_iet.htm

IET Continues to Expand Around the World

We continue to be amazed and delighted at the incredible growth of IET, and extend our appreciation to you for making it happen. Here are the current statistics:

IET students at all IET levels taught worldwide: 11,079

Number of IET Master-Instructors: 743

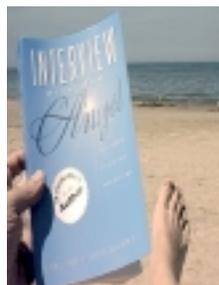
Countries IET has been taught in: Belgium, Bonaire, Canada, England, France, Germany, Ireland, New Zealand, Saudi Arabia, South Africa, St. Martin (Netherlands Antilles), Switzerland, The Netherlands, USA, & more.

IET and Reiki - Perfect Together

There are many IET students who are also Reiki students. The IET energy and the Reiki energy blend together powerfully to support you in your self-healing as well as your clients in their self-healing. IET Master-Instructor Hallie Sawyers has formulated a simple yet powerful approach to integrating Reiki into her IET session. She will be presenting her approach on Friday October 24, 2003 at the IET Master-Instructor Retreat. A full description of her approach can also be obtained on-line at <http://www.learniet.com/articles.htm>

“Interview With An Angel” Goes on Holiday

Interview With An Angel, co-authored by Stevan J. Thayer and Dr. Linda Nathanson, first published in 1997, is currently in its 6th Dell Paperbacks printing, and has been translated into Italian and Portuguese. Ariel’s message is traveling around the world.



IWA is shown here on a beach vacation with IET Master-Instructor Randy Blair (left) and a Portuguese translation was found in a bookstore in Brazil by IET Master-Instructor Sharon Yeskel (right).



A few first edition hardcover copies are still available through the Center.

Integrated Energy Therapy® Master-Instructor Classes

Taught by IET Master-Instructor Trainers

Stevan J. Thayer and Karen J. Puglia

Our Master-Instructor program is open to students who have completed the Basic, Intermediate and Advanced level IET classes by the time of the training. As a Master-Instructor, you will be empowered with the highest level of IET energy available, for your self-healing, or to support others in their self-healing journey. In addition, you will be able to offer the Basic, Intermediate, and Advanced level attunements, and teach these three levels of IET training classes.

This training is two powerful days of energy expansion, self-actualization and healing. Many Master-Instructor students take this class to enhance their lives with the powerful Master-Instructor energy, energy attunement implants, energy attunement activations, and prosperity expansion. About 25% of IET Master-Instructors teach IET classes.

REACH FOR THE STARS WITH THIS INTENSIVE TWO-DAY SPIRITUAL EXPERIENCE:



Saturday is focused on accelerating your spiritual journey and includes:

- ♥ attunement to the IET Master-Instructor energy ray (6th DNA pair)
- ♥ instruction on attuning others to IET Basic, Inter. & Adv. energy ray
- ♥ the I-Chi exercise and the 12-Strand DNA activation and alignment

Sunday is focused on the Practical Spirituality of your holistic practice:

- ♥ expanding your openness to prosperity
- ♥ instruction on IET healing energy attunement implants
- ♥ business guidance on advertising and organizing your practice and classes
- ♥ detailed procedures for teaching IET, Pets and Healing Angels classes

Note: Most 2002 Master-Instructor classes were filled and had a waiting list.

Location	Trainer	Class Date
Boulder, CO	Stevan Thayer	Fri. & Sat. July 25 & 26, 2003
Woodstock, NY	Stevan Thayer	Sat. & Sun. August 16 & 17, 2003
Portland, ME	Karen Puglia	Sat. & Sun. August 23 & 24, 2003
Warren, RI	Karen Puglia	Sat. & Sun. Sept. 6 & 7, 2003
Rochester, NY	Stevan Thayer	Sat. & Sun. Sept. 13 & 14, 2003
Sedona, AZ	Karen Puglia	Sat. & Sun. Sept. 20 & 21, 2003
Parsippany, NJ	Karen Puglia	Sat. & Sun. October 4 & 5, 2003
Kill, Ireland	Stevan Thayer	Sat. & Sun. November 8 & 9, 2003
Toronto, Canada	Karen Puglia	Sat. & Sun. November 15&16 2003

It pays to register early! IET Master-Instructor classes are open to the first 20* students that register with a paid deposit. All IET Master-Instructor classes are from 9:30 AM to 6:00 PM on day 1 and 9:30 AM to 5:00 PM on day 2. Class fees are \$595 in the US, € 635 in Ireland and \$790 CDN in Canada. A deposit of \$200 in the US, € 210 in Ireland or \$250 CDN in Canada is required to reserve your space in any class. IET Master-Instructors may, space permitting, retake any Master-Instructor class for a fee of \$45 in the US, € 48 in Ireland and \$65 CDN in Canada. We will have 4 spaces reserved for repeating Master-Instructors with additional space if fewer than 20 students register. (* Ireland class will be 35 students & 5 repeating Masters).

You can register by calling The Center of Being at (845) 657-7220, or on line at www.LearnIET.com.

Master-Instructors - Treat Yourself to the Transformational, Fun-filled, Meals Inclusive ReTreat! October 24, 25 and 26, 2003 At The Sherraton Hotel In Parsippany, NJ

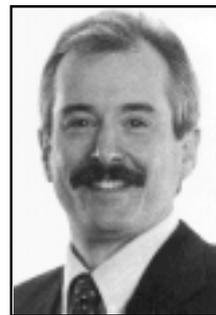
- ♥ **Discover Your Life's Essential Action and Bring Your True Power Into The World:** Our theme is "Creating Your Empowered Heart" and our program incorporates a series of energy attunements, clearings, and processes that build upon each other to help you create your empowered heart, support you in discovering your life's essential action, and help you bring your true power and gifts into the world.
- ♥ **Ask Angel Ariel Your Question:** Participate in a special evening of channeling at which Stevan will channel Angel Ariel's answers to questions taken from the audience.
- ♥ **Participate in a Future Life Progression:** You can travel energetically into a future lifetime in which you have finally mastered all your spiritual lessons, and then bring the energy of that mastery back to this present lifetime.
- ♥ **Expand your IET knowledge with special lectures:** We have a great line up of lecturers and topics for our Friday workshop program (see details below).
- ♥ **Learn about our new IET for Kids Program:** Be the first to learn about our new IET for Kids training program that IET Master-Instructors will be able to teach in 2004.
- ♥ **You Deserve A Treat:** The retreat offers you time to relax, heal, expand, meet new friends, eat wonderful meals, swim in the pool, soak in the hot tub, and more. It is truly a treat for the body, mind and spirit!

You can attend the days that are perfect for you

<p style="text-align: center;">Friday Option</p> <p>Includes a continental breakfast starting at 8:00 AM on Friday October 24, 2003, attendance at our special Friday seminars, lunch and dinner, and attendance at our Evening with An Angel channeling session on Friday evening, ending 9:00 PM. Fee: \$145.00 (\$50 deposit to register) \$165 after Oct. 1, 2003.</p> <p>Speakers & Topics (preliminary)</p> <p>Helen Adam - How to write and self-publish your book.</p> <p>Antonia Brasted - Integrating Essential Oils into your IET sessions.</p> <p>Tony DeCanto, D.C. - Body, Mind, and Spirit: How healing occurs.</p> <p>Judy Garbow - Animal Communication and IET</p> <p>Pat Harmon - Chakras, colors, & IET</p> <p>Maria Peterson - Consciousness</p> <p>Karen Puglia - IET for Kids</p> <p>Nancy Russell - Astrological Insights into IET sessions</p> <p>Wendi Rose - Tuning forks and sound vibration in IET sessions</p> <p>Hallie Sawyers - Integrating Reiki into your IET sessions</p>	<p style="text-align: center;">Saturday Option</p> <p>Includes a continental breakfast starting at 8:00 AM on Saturday, October 25, 2003, attendance at our Saturday program (featuring the new Empowered Heart Process), lunch and dinner, and attendance at our evening group energy process (a future life progression) ending at 9:00 PM. Fee: \$145.00 (\$50 deposit to register) \$165 for registrations received after Oct. 1, 2003.</p>	<p style="text-align: center;">The Entire Retreat Option</p> <p>Includes our programs on Friday, Saturday, and Sunday October 24, 25, and 26, 2003 described above, with 7 meals, attendance at all programs and events. \$345 (a savings of \$20 over individual prices - \$150 deposit to register) \$375 for registrations received after Oct. 1, 2003.</p>
<p style="text-align: center;">Saturday and Sunday Option</p> <p>Includes a continental breakfast starting at 8:00 AM on Saturday, October 25, 2003, attendance at our Saturday program (featuring the new Empowered Heart Process), lunch and dinner, attendance at our evening group energy process (a future life progression) ending at 9:00 PM, then continuing in Sunday, October 26, 2003 with more energy activities and a special Sunday brunch. Fee: \$220.00 (\$100 deposit to register) \$245.00 for registrations received after Oct. 1, 2003.</p>	<p style="text-align: center;">Vendor tables: Sold Out</p> <p>Our vendor tables have already been sold out and we are putting names on a waiting list.</p>	<p style="text-align: center;">Sheraton Hotel Rooms</p> <p>We have reserved a block of hotel rooms at only \$89 a night. You must register with the Sheraton at (973) 515-2000 before October 1 for this special rate. If you have a room and want a room-mate to share costs, we can help you find one.</p>
<p>Register For One Or More Of Our Retreat Options</p> <p>You can register for these Retreat options:</p> <p>On-Line: www.LearnIET.com/MI_Retreat2003.htm</p> <p>By Phone: by calling the Center at: (845) 657-7220.</p> <p>Be Sure To Register Before The October 1, 2003 Price Increase</p>		

A Message From Stevan

Our world is entering into a state of rebalancing after the recent Iraq conflict. The aggression has ended and rebuilding has begun. As our world underwent conflict and aggression so did we. Each one of us was subjected to a worldwide energy of aggression and conflict that may have had a negative effect on our personal energy field. As the world around us rebuilds, this is an important time for each of us to attend to rebuilding our personal energy field as well. We can use our IET energy and a special blend of IET techniques to help us rebuild quickly. Here is a special energy field rebuilding technique that I use on a daily basis. I encourage you to use it too.



Stevan J. Thayer

1. **Heartlink:** touch your thumb to your middle finger and activate an angelic heartlink to Angel Ariel, all the Healing Angels, your own personal angels, and connect to the highest vibration of divinity that you can connect with.
2. **Invite The Angels To Help You:** offer a prayer inviting the Angels to work with you and through you as they guide you, direct you, surround you and protect you. Ask that this energy rebuilding process be for your highest good and highest healing.
3. **Heartbeam:** Advanced Level IET students establish a heartbeam by running the heartwave energy 10 times from your soulstar into the Earth, Master-Instructors extend the heartbeam into the I-Chi Exercise, Basic and Intermediate students skip this step.
4. **5-Minute Empowerment:** Do a 5-Minute empowerment in which you touch each of the nine sets of integration points for 30 seconds.
5. **Clear Your Karma:** If you have experienced the Karma Clearing process either in person or through our Karma Clearing audio tape, reactivate the process by touching your thumb to your ring finger. Hold for 30 seconds then for extra clearing, touch the karma integration points on the back of your skull for another 30 seconds.
6. **Achieve True Forgiveness:** If you have experienced the IET Forgiveness process either in person or through our Forgiveness audio tape, reactivate the process by putting your palms together in prayer pose. Hold for 30 seconds.
7. **Final Balancing and Grounding:** Place your right hand on your left knee and your left hand on your right knee.

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