

❖ Journal of Energy Therapy ❖

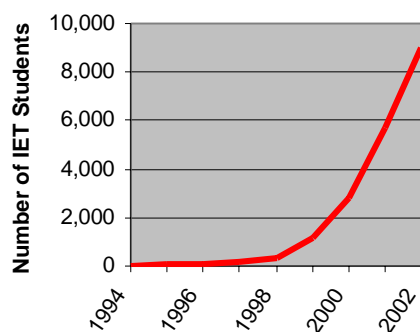
Volume 8, Issue 1

The Center Of Being, Inc.

January - July, 2003

Healing the World One-Heart-At-A-Time

IET continues to grow at an incredible rate. We now have over 550 Integrated Energy Therapy® Master-Instructors worldwide. There have been more than 1,800 IET classes and more than 9,000 students taught.



IET classes this year ranged in size from 1 to 45 students with an average of 7 students per class. The percentage of Master-Instructors teaching IET remains at 25%.

IET is rapidly spreading, not only in the US, but also Australia, Belgium, Canada, Greece, The Netherlands, Ireland, & Saudi Arabia.

The angel's vision of spreading IET to the four corners of our globe is being fulfilled. We must continue to work together as a global IET community to heal our world one-heart-at-a-time.

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Integrated Energy Therapy News

We wish you a Blessed New Year!

Everyone here at the Center of Being wishes you a happy, healthy, prosperous, and miracle-filled New Year.

Announcing our "Cyber Journal of Energy Therapy"

The need to share new IET information with you more than twice a year, combined with the rising cost of postage and our ever increasing mailing list, is moving us towards going cyber (via. email and websites). As a test, we mailed an electronic version of this Journal both by regular mail and by email. If we had your email address, then you already received the first "Cyber Journal". If you have an email address and did not receive a "Cyber Journal", please send us an email at sjthayer@erols.com and we will add you to our cyber list. If you do not have an email address, perhaps you have a friend who does, who can receive your IET news updates for you? We will be moving away from paper mailings and more towards cyber mailings in the future.

Our 2002 Master-Instructor Retreat Was A Sellout!

We would like to thank the speakers, assistants and participants who made our 2002 Retreat the biggest and best we have ever had. Because our 2002 Retreat was sold out, we have negotiated with the Sheraton for a larger meeting space for the 2003 Retreat and we have increased the number of attendees to 125. Our 2003 Retreat will be held on Friday, Saturday, and Sunday, October 24, 25, & 26, 2003. It will be "For Master-Instructors Only" and you can register on-line at www.LearnIET.com or by calling The Center at 845-657-7220. If you plan to attend, please register early, as 2003 is also likely to be a sellout!

Who Would YOU Like to Forgive?

We introduced a new IET Forgiveness process at the Master-Instructor retreat that lets you combine the power of IET energy, together with the gifts of the Healing Angels, focused through the sacred geometry of the Mer-Ka-Ba to bring about true forgiveness. We recorded the process so you too can benefit from this powerful new IET technique. See page 5 for further details.

Introducing - IET for Pets

We are pleased to announce the availability of our new IET for Pets class. Based on the new Integrated Energy Therapy® Guide For Working With Pets by Stevan Thayer, this class covers the application of IET techniques to cats, dogs, and horses. IET Master-Instructors will begin teaching this new class in January 2003. See page 4 for further details.



2003 - The Year of the Empowered Heart

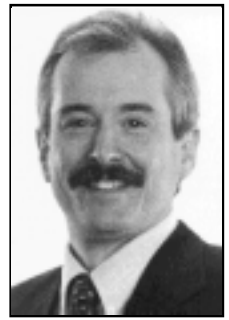
We have evolved as a global IET community through a series of powerful spiritual stages. It began in the late 90's with the angelic activation of our 12-Strand DNA which unleashed our full spiritual potential and brought many of us up against our toughest opponents - ourselves.

As the angelic vibration continued to expand, with the angel's help, we undertook the clearing out of the repeat karmic patterns in our lives and mastered our karmic lessons. As karma was cleared, we expanded to the next spiritual stage - forgiveness. Last year we were given many opportunities to see who and what in our lives we had not fully forgiven. Then we were given the angel's help and tools to truly forgive ourselves and others.

Each time we forgive, we expand into a new state of being in the world in which we live from what the angels call "The empowered heart". This is best explained from an energetic standpoint. With your heart center (IET cellular memory area 6) opened by forgiveness, and your anger area (IET area 7) cleared by forgiveness, your power center (IET area 8) unites with your heart center. This union of heart and power creates the "empowered heart". The empowered heart is a force that will change your life and the world around you.

According to Angel Ariel, "It is within the potential for all human beings to be the true image of divinity within the world. This true image radiates unconditional love, guided by divine direction, and focused into the world through self-will. This focused love is a powerful force. You live in a time in which many governments are issuing a "call-to-arms". What we are issuing is a "call-to-hearts"."

You can respond to this call-to-hearts by taking the following steps. Start by heartlinking to Angel Ariel and all the Healing Angels. Next, imagine you can raise the energy of your power center up and join it to the energy of your heart center. Then experience the state of profound peace that results. As the feeling of peace builds, bring a conflict to mind (this can be a conflict in your life or one you see around you in the world). Heartlink to the people involved in the conflict and avoiding any judgment of the situation, powerfully send the peace from your heart, through your heartlink, to them. As you do, respectfully demand that they join you in the energy of peace. Let us work together this holiday season to make the phrase "peace on Earth" a reality.



Stevan J. Thayer

Year in Review - 2002



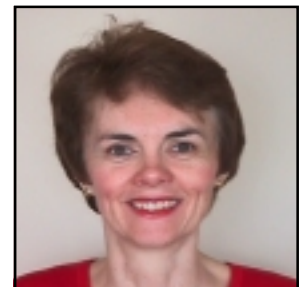
Carol Armitage

Every year at about this time, I look back at the year to review what has been accomplished. This year I continue to be amazed at how quickly Integrated Energy Therapy® has grown. We now have two part-time employees at The Center Of Being, Inc. who do data entry (entering all the student lists), packing, shipping, and product assembly. The hours they work have expanded throughout the year, based on the demand by all the IET Master-Instructors now teaching classes! We would like to thank our two distributors, Randy Blair in Canada and Brenda Kavanagh in Ireland who continue to impress us with all the products they sell. Obviously, the IET communities in both Canada and Ireland are growing rapidly. This year, the Master-Instructor Retreat had an all time high in terms of numbers in attendance, as well as an all time high of energy brought in by those attendees! We've had to reserve even bigger rooms for next year's event. The number of Master-Instructor classes taught this year has doubled, since both Karen Puglia and Stevan have been teaching those classes. We have the

opportunity to continue to expand to new locations throughout the world. The www.LearnIET.com website is nearing 30,000 visits. And to top it off, we're introducing several new products this year – an audio tape on the Forgiveness Process recorded at the Master-Instructor Retreat, and practiced at both the Irish and Canadian Festivals of Light and a new IET for Pets program (see article on page 4 for more details). It's been a busy year, but full of joy and wonder. We wish you all the best in your New Year celebrations, and look forward to continuing our work together in 2003. A toast to the future!

My First Year As A Master-Instructor Trainer

Well, my first year of teaching the Master-Instructor classes has come to an end. What a year! I had the opportunity to travel throughout the United States and even had to get my passport updated so I could travel to Canada and Ireland. I have met so many wonderful people. I want to thank all of you for your caring support. I have taught IET Master-Instructor classes in Westwood, MA; Fayetteville, AK; Toronto, Canada; Hammond, IN; Portland, ME; and Cork, Ireland. IET has certainly changed my life and it is a great gift to be able to witness how it changes so many other peoples' lives, too. I look forward to 2003 as we all continue our mission of reaching out and bringing IET to one-heart-at-a-time, all over the world.



Karen Puglia

Integrated Energy Therapy® Master-Instructor Classes

Taught by IET Master-Instructor Trainers

Stevan J. Thayer and Karen J. Puglia

Our Master-Instructor program is open to students who have completed the Basic, Intermediate and Advanced level IET classes by the time of the training. As a Master-Instructor, you will be empowered with the highest level of IET energy available, for your self-healing, or to support others in their self-healing journey. In addition, you will be able to offer the Basic, Intermediate, and Advanced level attunements, and teach these three levels of IET training classes.

This training is two powerful days of energy expansion, self-actualization and healing. Many Master-Instructor students take this class to enhance their lives with the powerful Master-Instructor energy, energy attunement implants, energy attunement activations, and prosperity expansion. About 25% of IET Master-Instructors teach IET classes.

REACH FOR THE STARS WITH THIS INTENSIVE TWO-DAY SPIRITUAL EXPERIENCE:



Saturday is focused on accelerating your spiritual journey and includes:

- ♥ attunement to the IET Master-Instructor energy ray (6th DNA pair)
- ♥ instruction on attuning others to IET Basic, Inter. & Adv. energy ray
- ♥ the I-Chi exercise and the 12-Strand DNA activation and alignment

Sunday is focused on the Practical Spirituality of your holistic practice:

- ♥ expanding your openness to prosperity
- ♥ instruction on IET healing energy attunement implants
- ♥ business guidance on advertising and organizing your practice and classes
- ♥ detailed procedures for teaching IET, Pets and Healing Angels classes

Note: Most 2002 Master-Instructor classes were filled and had a waiting list.

Location	Trainer	Class Date
Westwood, MA	Karen Puglia	Sat. & Sun. March 1 & 2, 2003
Parsippany, NJ	Stevan Thayer	Sat. & Sun. March 1 & 2, 2003
Houston, TX	Stevan Thayer	Sat. & Sun. March 22 & 23, 2003
San Jose, CA	Karen Puglia	Sat. & Sun. March 29 & 30, 2003
Philadelphia, PA	Karen Puglia	Sat. & Sun. April 26 & 27, 2003
KapelleOpDeBos, Belgium	Stevan Thayer	Sat. & Sun. April 26 & 27, 2003
Minneapolis, MN	Stevan Thayer	Sat. & Sun. May 17 & 18, 2003
Dublin Area, Ireland	Karen Puglia & Stevan Thayer	Sat. & Sun. June 14 & 15, 2003
Boulder, CO	Stevan Thayer	Fri. & Sat. July 25 & 26, 2003

It pays to register early! IET Master-Instructor classes are open to the first 20* students that register with a paid deposit. All IET Master-Instructor classes are from 9:30 AM to 6:00 PM on day 1 and 9:30 AM to 5:00 PM on day 2. Class fees are \$595 US (635 euros or \$ 890 CDN). A deposit of \$200 US (210 euro or \$300 CDN) is required to reserve your space in any class. IET Master-Instructors may, space permitting, retake any Master-Instructor class for a fee of \$45 US (48 euros or \$70 CDN). We will have 4 spaces reserved for repeating Master-Instructors with additional space if fewer than 20 students register.

(* Ireland class 40 students & 10 repeating Masters).

You can register by calling The Center of Being at (845) 657-7220, or on line at www.LearnIET.com.

Through the Eyes of an Angel

Channeled from Angel Ariel
by Stevan J. Thayer

*Your world is filled
with hearts who want
your love.*

*Your world is filled
with people who need
your creative talents.*

*Your world is filled
with wounded souls
who need your
gifts of healing.*

*Your world has an
abundance of
food for all.*

*Your world has ample
prosperity for all.*

*Your world can be at
peace.*

It is up to you.

*Start with your
personal world and
make this true.*

*Then expand your
world to the bigger
world around you.*

*You play no small part
in the Divine plan
(unless you choose to).*

It is up to you.

*Angels will help you if
you invite them.*

*Everyone and
everything matters.*



Announcing Our IET - Working with Pets Class

NOW YOU CAN USE IET ENERGY AND TECHNIQUES TO WORK WITH CATS, DOGS, AND HORSES!

Our IET for Pets class was created in response to requests we have received from IET practitioners and Master-Instructors. Our new IET for Pets program was introduced at the 2002 IET Master-Instructor Retreat in October and was well received. Like all IET classes, the IET for Pets class can only be taught by a certified IET Master-Instructor and can be taken by any student who has completed the IET Basic Level Training. The class is a 1-day, 8-hour class, and the suggested class fee is \$125.00. The IET for Pets class is based on a new training guide entitled "Integrated Energy Therapy - Guide for Working with Pets" by Stevan Thayer. This new guide is 38 fully illustrated pages demonstrating the application of IET techniques to cats, dogs, and horses.

Classes will begin in January 2003.

For further information about our IET for Pets classes and class schedules.

Please visit us on the web at www.LearnIET.com.

Now Available to All IET Students

AUDIO TAPES OF SPECIAL IET WORKSHOPS RECORDED LIVE AT THE 2002 MASTER-INSTRUCTOR RETREAT

Audio recordings of these special IET workshops designed to enhance your personal self-healing journey as well as support you in your IET client practice are **now available**. These special audio tapes are each approximately 1-hour in length.

Note: that we are offering individual tapes at a cost of \$7 and the entire set of all 10 tapes in a special audio tape album box at the special price of \$55 (plus shipping).

Tape	Workshop Name	Speaker
1	The Power of Journaling with IET	Terry Andrews
2	Resonant Healing in an IET Session	Dr. Suzie London
3	Intentions-Expectations-Timelines	Maggie Liebmann
4	Aligning Your Dream with Your Soul's Purpose	Carol and Rafael Dhanaher
5	IET and Power of Thought	Marcia Slawson
6	Using the Pendulum to Direct the IET Ray for Clearing	Mary Oakley
7	Eating to Heal: Exploring the Energetics of Food	Joan Young
8	Medical Intuitive Work in IET Sessions	Jim Helbert
9	Creating Your Perfect Relationship	Karen Puglia
10	The Inner Journey of Healing Discovery	Terry Grywinski

To order, simply call the Center
of Being at (845) 657-7220
or order on-line at
www.LearnIET.com.

Shipping costs will be applied to
your order.



Available from The Center Of Being Bookstore

IET Audio Tapes

- The Integrated Energy Therapy Forgiveness Process (1-tape) \$10.00
- Clearing Karma with the Energy of Angels (1-tape) \$10.00
- Activate your 12-Strand DNA (1-tape) \$10.00
- Heartlink with your Angel: A Guided Visualization (1-tape) \$5.00
- Healing with The Energy of Angels: (4-tape home-study course to meet and work with your angels)..... \$25.00
- Set of Special Workshops from our 2002 IET Master-Instructor Retreat (10-tape set) \$55.00
- Study with Stevan Basic Level IET Class (3-tape set)..... \$20.00
- Study with Stevan Intermediate Level IET Class (3-tape set)..... \$20.00
- Study with Stevan Advanced Level IET Class (3-tape set)..... \$20.00
- IET Basic Level Practice Tape-Let Stevan guide you through a Basic Level IET session (1-tape).....\$10.00

Books, Training Guides and more.

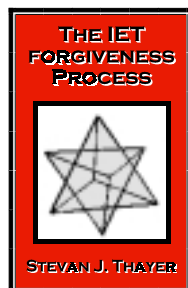
- St. Germain Full Color Poster 13" x 22" (illustrates the Heartlink) \$24.00
- The Healing Angels of the Energy Field (60 pages, paperback) \$10.00
- Angel Cards: 9 laminated wallet sized cards with color pictures of The Healing Angels\$15.00
- Angel Cards/Healing Angels Book (combo offer)\$22.00
- Signed Second Edition: "Interview with an Angel" (Paperback)..... \$6.99
- Angel Ariel Paintings (Beaming Hands or Full Face)..... each \$10.00

IET Laminated Quick Reference Guides

- Basic IET Session Guide - One page color guide that guides you through a Basic Level session..... \$10.00
- IET Point Location and Cellular Memory Description Guide - One page color guide\$10.00
- Detailed Basic IET Session Guide - Two page B/W detailed guide for a Basic Level session..... \$15.00

To order, simply call The Center of Being at (845) 657-7220 or order on-line at www.LearnIET.com
Shipping costs will be applied to your order.

The IET Forgiveness Process Audio Tape



This special 1-hour IET audio tape leads you through the new IET Forgiveness process incorporating the sacred geometry of the Mer-Ka-Ba, IET vortex process, the IET Basic vibration, the Healing Angel's energy, and much more.

Price: \$10.00

Angel Pendulums Made In Sedona!



Handcrafted by the Sedona Pendulum Works, these special pendulums feature an angel on one end and either a Venetian Glass bob (left) or a Clear, Rose or Amethyst Quartz bob (right).
Size of bob and style of angel vary.

Price: Glass \$10.00 Quartz \$15.00

New Products

We Would Like You To Welcome Our New IET Master-Instructors

Muriel Adams, Pavlina Albrecht, Suzanne Anderson, Jan Anderson, Audrey Anderson, Gerardine Barrett, Janet Beaver, Royse Buller, Sara Champlin, Cheryl Childs, Louise Contin, Linda Cook, James Costello, Anita Cotterall, Jeanette Crisafulli, Angela Crotty, Olivia Cullen, Laura DePonte, Claire Devereux, Patricia Di Renzo, Joanne Downes, Carolyn Dunne, Anita Falco-D'Onofrio, Laurie Fenlason, Carol Ferrell, Joe Flynn, Karen Foley, Kathleen Freeman LMT, Philip Friedman, Alice Gallagher, Judy Garbow, Ken Garvie, Rita Griffin Montgomery, Gloria Hackenberg Solino, RN, Anne Hallows, Elizabeth Hare, Avril Harvey, Colleen Helbert, Peggy Hillbloom, Elizabeth Hitchcock, Dana Hofstetter, Marge Holtzman, Nan Huston Enman, L. Thayer Hutchinson, Diane Jane, Barbara Joseph, Glen Kellmann, Susan Kellmann, Ann Kelly, Nancy Kida, Diane Knuckle, Rosalee Laird, Mary Lonergan, Angela Long, Louise Madden, Merit Mailloux, Dana Marino, Edith Martin, Ann Martina, Susan Mavity, Maria McCrudden, Marie McCabe, Joan McCarthy, Michelle McCarthy, Jill McGrane, Marina McKenna, Joanne McLoughlin, Peggy McMahon, John Mercede, Barbara Millar, Charlene Moffitt, Cheryl Moore-Pangrazzi, Betty Mordaunt, Peggy Morningstar RN, MS, Maria Mouroukas Scharf, Deirdre Murphy, Geraldine Murphy, Lynn Neilson, Marjorie Nestor, Susann Ocko, Linda O'Grady, Marla O'Neil, Nora, 'Neill, Margaret O'Regan, John O'Sullivan, Maeve O'Toole, Steve Otto, Bethany Palombo, Meghan Paquette, Patricia Payne, Leon Pelletier, Dr. Alexandra B. Porter, Suzanne Proulx, Mary Queeney, Anne Relihan, Anne-Marie Remendos, Laura Rider, Nancy Robinson, Kathryn Rose, Carrie Rubel, Don Ryan, Christine Samo, Julianne Santini, Helen Schwartz, Linda Selby, LizSigel, Gloria, Simon-Gould, Elliott Smith, Agnes Soenneker, CharlaStrange, TeresaSweeney, Carly Thorne, Kay Treanor, RoseWack, Roxanne Wagner, Kaye Wong, Sandy Wood, Elliot Wyman



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