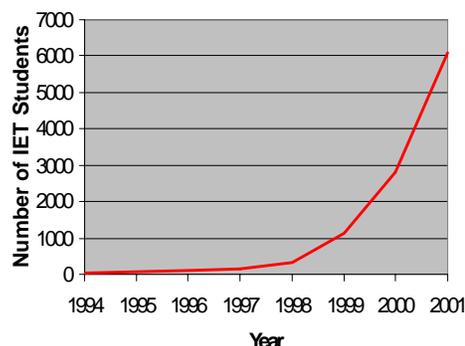


❖ Journal of Energy Therapy ❖

Volume 7, Issue 1

The Center Of Being, Inc.

January - June, 2002



Healing the World One Heart At A Time

IET continues to grow at an incredible rate. We now have over 320 Integrated Energy Therapy Master-Instructors worldwide. There have been more than 1000 IET classes and more than 6000 students taught.

IET classes range in size from 1 to 95 students with an average of 7 students. The percentage of Master-Instructors teaching IET remains at 25%.

IET is rapidly spreading not only in the US, but also in Belgium, Canada, The Netherlands, Ireland, Germany, and Saudi Arabia.

The angel's intent of spreading IET to the four corners of our globe is being fulfilled. We must continue to work together as a global IET community to heal the world one-heart-at-a-time.

Inside This Issue

<i>A Message From Stevan</i>	2
<i>Master-Instructor Schedule</i>	3
<i>New Programs and Products</i>	4
<i>Center Bookstore</i>	5

Integrated Energy Therapy News

We wish you a Blessed New Year!

Everyone here at the Center of Being wishes you a happy, healthy, prosperous and miracle-filled New Year.

Karen J. Puglia to teach Master-Instructor Classes

The demand for Master-Instructor classes has exceeded Stevan's teaching capacity. After considering all IET Master-Instructors, we are pleased to announce that we have invited Karen J. Puglia to become an associate of the Center of Being, Inc. to serve as our second IET Master-Instructor trainer. Now both Stevan and Karen are certified to teach the IET Master-Instructor class. In 2002, Karen and Stevan will each teach approximately half of the Master-Instructor classes that we offer. We ask you to join with us in wishing Karen well in her new teaching activities.

Our 2002 Festival of Light and Master-Instructor Retreat

Our 2001 Festival of Light and Master-Instructor retreats exceeded our wildest dreams. We want to thank everyone (human and angelic) who made this event possible. In 2002 we are planning an even bigger and better IET event by combining these two popular IET events into the same 3- day weekend, October 11 to 13 in Parsippany, NJ. Complete details will be provided in the next issue of the journal. Be sure to mark your calendar now - October 11 to 13, 2002.

Would you like to Clear Your Karma?

We introduced a new IET technique at the Master-Instructor retreat that lets you Clear Your Karma with the Energy of Angels. The technique was so powerful that we captured the process in our new **Karma Clearing** audio tape. You can receive the benefit of the process simply by listening to the tape. See page 5 for further details.

Need Angelic Support?

The "Need Angelic Support" feature on www.LearnIET.com lets anyone request healing support. A team of IET Master-Instructors receive your request and send you IET energy. We have received over 800 requests from the US, Canada, Ireland, Belgium, England, Saudi Arabia, and South Africa. We have also received many touching testimonials of the miracles that have resulted.

Save 20% on New Earthlite Massage Tables!

We have been an Earthlite Massage Table distributor for many years and highly recommend their tables. Earthlite has a new "school passport" program that allows us to pass our distributor discount on to you when you purchase a brand new Earthlite table. Just log onto www.LearnIET.com and click on Discount Massage Tables for details, or call Laurel Frey at Earthlite on (800) 872-0560.

A Message From Stevan

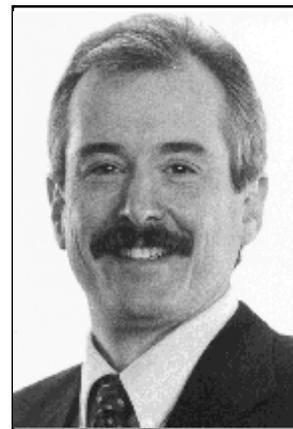
Angel Ariel says that the Karmic Clearing started in 2001 is well underway and that we have made much progress. She says that our healing theme for 2002 is forgiveness. We are to build on the positive results of our karmic clearing and forgive.

Everything can be forgiven. There is nothing that you or anyone else does that cannot be forgiven. At every moment you are pure potential; the potential to forgive and act from love and the potential to judge and act from fear (by attacking and destroying).

Acts of loving kindness and acts of horrible violence are both part of the Divine plan. They are the karmic stage that is set for us. Whenever life presents you with a situation, always ask yourself "What would love do?" The answer will be to forgive and act lovingly. Then, heartlink to the Healing Angels, especially to Angel Daniel, ask that they "Work with you and through you, as they guide, direct, surround and protect you". Also ask that "All your actions be from love and for the highest good and highest healing". Be sure to keep cellular area 7 (anger and resentment) clear, for forgiveness can bring up energy in this area for clearing.

Forgiveness does not result in passivity or non-action; rather, it results in loving action driven by the passion of your soul in alignment with your soul's mission. Your loving action may be prayer, sending heartlinks to others, saying no to others, supporting a loving cause, offering an act of loving-kindness, offering an IET session or building a heartbeam. Every loving action you take adds to the energy of love in our world. Love is much stronger than fear and your forgiveness inspired actions will not only improve your life but can also bring peace on Earth.

When practicing forgiveness, start with yourself. Forgive yourself for what you have done and what you have not done. Then forgive you family and friends, your neighbors, and co-workers, then continue outward into the world around you. Remember the Zen saying "Everything in this moment is perfect and complete lacking nothing". In support of this spiritual truth, Angel Ariel has channeled a vision of forgiveness that we have called "In This Moment - The IET Vision". It can be found on page 5. Please read it and please live it.



Stevan J. Thayer

Stevan is the founding director of the Center of Being, Inc. He is an ordained Interfaith Minister, a certified Reiki Master, the creator of Integrated Energy Therapy®, author of *Interview with an Angel*, and a channel for Angel Ariel.



**The IET 2001 Master-Instructor Retreat Attendees
Beaming a Heartlink to YOU!**

Integrated Energy Therapy® Master-Instructor Classes

Taught by IET Master-Instructor Trainers

Stevan J. Thayer and Karen J. Puglia

Our Master-Instructor program is open to students who have completed the Basic, Intermediate and Advanced level IET classes by the time of the training. As a Master-Instructor, you will be empowered with the highest level of IET energy available, for your self-healing, or to support others in their self-healing journey. In addition, you will be able to offer the Basic, Intermediate and Advanced level attunements, and teach these three levels of IET training classes.

This training is two powerful days of energy expansion, self-actualization and healing. Many Master-Instructor students take this class to enhance their lives with the powerful Master-Instructor energy, the use of energy attunement implants, energy attunement activations and prosperity expansion. About 25% of IET Master-Instructors teach IET classes.

REACH FOR THE STARS WITH THIS INTENSIVE TWO-DAY SPIRITUAL EXPERIENCE:



Saturday is focused on accelerating your spiritual journey and includes;

- ♥ attunement to the IET Master-Instructor energy ray (6th DNA pair)
- ♥ instruction on attuning others to IET Basic, Inter. & Adv. energy ray
- ♥ instruction on IET healing energy attunement implants
- ♥ the I-Chi exercise and the 12-Strand DNA activation and alignment

Sunday is focused on the Practical Spirituality of your holistic practice;

- ♥ clearing your resistance to money and prosperity
- ♥ business guidance on advertising and organizing your practice and classes
- ♥ detailed procedures for teaching IET classes

Location	Teacher	Class Date
LaQuinta, CA	Stevan Thayer	Sat. & Sun. January 26 & 27, 2002
Westwood, MA	Karen Puglia	Sat. & Sun. January 26 & 27, 2002
Morristown, NJ	Stevan Thayer	Sat. & Sun. February 23 & 24, 2002
Fayetteville, AR	Karen Puglia	Sat. & Sun. March 2 & 3, 2002
Philadelphia, PA	Stevan Thayer	Sat. & Sun. April 6 & 7, 2002
Laffayette, LA	Stevan Thayer	Sat. & Sun. April 20 & 21, 2002
Toronto, Canada	Karen Puglia	Sat. & Sun. April 20 & 21, 2002
Stillwater, MN	Stevan Thayer	Sat. & Sun. May 18 & 19, 2002
Hammond, IA	Karen Puglia	Sat. & Sun. May 18 & 19, 2002

It pays to register early! IET Master-Instructor classes are open to the first 20 students to register with a \$200 US deposit. All IET Master-Instructor classes are from 9:30 AM to 6:00 PM on Saturday and 9:30 AM to 5:00 PM on Sunday. Class fee is \$595 US and a \$200 US deposit is required to reserve your space in any class. IET Master-Instructors may retake any Master-Instructor class for a fee of \$35 US. We will have 4 spaces reserved for repeating Master-Instructors with additional space if fewer than 20 students register.

You can register by calling the Center of Being at (845) 657-7220, or on line at www.LearnIET.com.

*In This Moment***The Integrated Energy Therapy® Vision**

Channeled from Angel Ariel
by Stevan J. Thayer

*In this moment, I will
love rather than
judge.*

*In this moment, I will
build rather than
destroy.*

*In this moment, I will
look to God, rather
than to other people,
for approval and
direction.*

*In this moment, I will
change because I
want to, not because I
need to.*

*In this moment, I will
realize my power,
rather than blame
other people for their
actions.*

*In this moment, I will
experience the joy of
God's plan, rather
than the pain of my
plan.*

*In this moment, I will
see the possibilities,
rather than the
difficulties.*

*In this moment, I will
serve others,
rather than serve
myself.*

*In this moment, there
is Heaven on Earth.*

(c) 2001, The Center of Being, Inc.
www.CenterOfBeing.com

Announcing Our Healing Angels Class**NOW YOU CAN MEET AND WORK WITH
THE HEALING ANGELS OF THE ENERGY FIELD**

Ariel, Raphael, Gabriel, Celestina, Faith, Cassiel, Daniel, Sarah, and Michael

Our Healing Angels course was introduced in February 2001 and has received glowing testimonials and rave reviews from students and Master-Instructors alike. This course will enable you to join together with other students and work as a team meeting and working with the Healing Angels. You will learn how to call upon the healing angels with a special prayer of invitation. You will then learn how to use an angelic heartlink to connect with the angels' energy. You will discover the special healing gifts that each angel brings and you will invite each of the healing angels to support you in your physical, emotional, mental and spiritual healing journey.

For further information about our Healing Angels classes and class schedules, please visit us on the web at www.LearnIET.com.

Now Available**AUDIO TAPES OF OUR SPECIAL IET WORKSHOPS RECORDED LIVE
AT THE 2001 MASTER-INSTRUCTOR RETREAT**

We are pleased to offer audio recordings of these special IET workshops designed to enhance your personal self-healing journey as well as support you in your IET client practice. These special audio tapes are each approximately 1-hour and are available to all IET students. Please note that we are offering individual tapes at a cost of \$7 and the entire set of all 10 tapes at the special price of \$55 (plus shipping).

Tape 1: *How to Run a Client Practice*, with Karen Fairman

Tape 2: *Teaching The Healing Angels Class*, with Stevan Thayer

Tape 3: *Labyrinths - Circles of Life*, with Sam Richardson

Tape 4: *Growing your IET Practice* with Mike Wanner

Tape 5: *Dowsing IET Energy Points* with Donna Ho-Lightsey

Tape 6: *Dowsing the Chakras* with Nancy Russell

Tape 7: *Integrating Counseling with IET* with Karen Puglia

Tape 8: *IET and Addiction* with Nancy Mann

Tape 9: *IET Flower Essences* with Judy Wymann

Tape 10: *So, You Want to Start A Business?* with Carol Armitage

To order, simply call the Center of Being at (845) 657-7220
or order on-line at www.LearnIET.com.

Shipping costs will be applied to your order.

Available from the Center Of Being Bookstore

IET Audio Tapes

- New! Clearing Karma with the Energy of Angels \$10.00
 Activate your 12-Strand DNA (1-tape) \$10.00
 Heartlink with your Angel: A Guided Visualization (1-tape) \$5.00
 Healing with The Energy of Angels: A 4-tape home-study course to meet and work with your angels. \$25.00
 Study with Stevan Basic Level IET Class (3-tape set)..... \$20.00
 Study with Stevan Intermediate Level IET Class (3-tape set)..... \$20.00
 Study with Stevan Advanced Level IET Class (3-tape set)..... \$20.00
 IET Basic Level Practice Tape-Let Stevan guide you through a Basic Level IET session (1-tape) \$10.00

Books, Training Guides and more.

- New! St. Germain Full Color Poster 13" x 22" (illustrates the Heartlink) \$24.00
 The Healing Angels of the Energy Field (60 pages, paperback) \$10.00
 Angel Cards: 9 laminated wallet sized cards with color pictures of the healing angels\$15.00
 Best Buy! Angel cards/Healing Angels book combo offer\$22.00
 Basic (10th Edition), Intermediate (7th Edition), Advanced (7th Edition) Level IET Guides \$10.00 each
 Signed Second Edition: *Interview with an Angel* Paperback..... \$6.99
 Closeout! Signed First Edition: *Interview with an Angel* Hardcover (less than 200 remaining).....\$15.00
 Angel Ariel Paintings (Beaming Hands or Full Face)..... \$10.00 each

IET Laminated Quick Reference Guides

- Basic IET Session Guide - One page color guide that guides you through a Basic Level session..... \$10.00
 IET Point Location and Cellular Memory Description Guide - One page color guide\$10.00
 Detailed Basic IET Session Guide - Two page B/W detailed guide for a Basic Level session..... \$15.00

To order, simply call the Center of Being at (845) 657-7220 or order on-line at www.LearnIET.com.

Shipping costs will be applied to your order.

Clearing Karma Audio Tape



This special 1-hour IET audio tape leads you through the new Karma Clearing process incorporating the IET vortex process, special Karma integration points, the intermediate vibration and much more.

St. Germain Poster



New Products

Painted in 1939, this poster reproduces the perfect full color image of an angelic heartlink.

Great for your home or office. Ideal to use during an IET training class.

International Directory of IET Master-Instructors

IET Master-Instructors are certified by the Center of Being, Inc. They can teach the Basic, Intermediate, and Advanced IET classes as well as the new Healing Angels of the Energy Field class. Furthermore, many IET Master-Instructors offer individual IET sessions.

We currently have IET Master-Instructors living in Belgium, Canada, Germany, Ireland, Saudi Arabia, and the United States, as well as Master-Instructors who travel to Australia, England, Holland, New Zealand and South Africa.

The list of IET Master-Instructors has grown so large that we can unfortunately no longer print it in the Journal of Energy Therapy. For more information about the Master-Instructors in your area and to view an up to date International IET class schedule, please visit our website at www.LearnIET.com (also called www.IntegratedEnergyTherapy.com).

Please note, many Master-Instructors have a personal webpage on www.LearnIET.com which provides their photograph, a biography, description of their services and a list of their class dates and locations.



**Healing The World
One Heart At A Time**

Journal of Energy Therapy



The Center Of Being, Inc.

PO Box 883, Woodstock, NY 12498-0883

phone (845) 657-7220 fax (845) 657-6050

**FIRST CLASS
U.S. POSTAGE
PAID
GLENFORD, NY
PERMIT NO. 1**

Visit us 24 hours a day on the web at
www.IntegratedEnergyTherapy.com
www.CenterOfBeing.com
www.LearnIET.com



Inside This Issue

- ♥ *Clearing Your Karma*
- ♥ *IET News*
- ♥ *A Message From Stevan*
- ♥ *Master-Instructor class schedule*
- ♥ *New Products*