

**HOW INTEGRATED ENERGY THERAPY®  
SUPPORTS YOUR SPIRITUAL SELF-HEALING JOURNEY**

We all have a 12-Strand DNA which is a spiritual blueprint for our soul's mission, the life experiences and situations that our soul wishes us to have, and all of the creative gifts that we will need in our lifetime.



As you grow, your 12-Strand DNA creates imprints in your human energy field (Aura) that can attract the life experiences and situations that will allow you to express your creativity, experience empowerment, and fulfill your soul's mission. This will include experiences filled with ease and joy as well as ones that are difficult and painful.



Some situations that your soul attracts overwhelm you and the energy of the situation is suppressed as trauma into your human energy field. These traumatic imprints can attract repetitions of the situation. They can also limit your ability to express your creativity, become empowered, and fulfill your soul's mission in life.



The energy of some of this trauma is also suppressed as physical and emotional imprints into the cellular memory of your physical body. This suppressed energy can limit your enjoyment of life as well as impair your physical and emotional state of well being.

**D  
I  
V  
I  
N  
E**  
**P  
L  
A  
N**

**S  
O  
U  
L**  
**M  
I  
S  
S  
I  
O  
N**

**E  
N  
E  
R  
G  
Y**  
**F  
I  
E  
L  
D**

**C  
E  
L  
L  
U  
L  
A  
R**  
**M  
E  
M  
O  
R  
Y**



**Master-Instructor Level IET** focuses on modifying your 12-Strand DNA. It allows you to optimize your life and live your life's dream within the larger divine plan. It accelerates the effectiveness of the Basic, Intermediate, and Advanced levels and lets you clear the energy of trauma not completely cleared by them.



**Advanced Level IET** focuses on your soul's mission by helping you to understand your soul's mission, clearing your resistance to fulfilling your soul's mission, and empowering you to live your soul's mission.



**Intermediate Level IET** focuses on the Human Energy Field and supports your self-healing by clearing the physical, emotional, mental, and karmic imprints from your human energy field. This not only expands your empowerment in life, but also reduces the chance of attracting the same type of situation again.



**Basic Level IET** focuses on cellular memory and supports your self-healing by clearing the physical and emotional imprints from the cellular memory as well as by replacing the trauma with a positive empowerment imprint.