

BRINGING YOUR GIFTS INTO THE WORLD

Giving: As IET practitioners and/or instructors, we are all in the business of giving the angelic energy of love to others. We are all in service to the Divine, working with the angels, to be “earth angels”, anchoring and distributing the *angelic energy* of love. The biggest obstacle to giving is lack of self-confidence.

Self-confidence: Many people who take holistic classes want to offer their holistic gifts in service to others but they just don’t feel confident enough. In our classes we hear this stated in many ways by students who say things like “Who am I to think I can really do this?” or “It’s hard to explain to others what I am doing” or “I need to wait until I don’t make any mistakes”. We answer these statements with “You are a divine child of God who absolutely can do this”, “Speak from your heart and you will explain everything that needs to be explained”, and “It is called a therapy practice not a therapy perfect”. It is common for practitioners of complementary alternative therapies like IET to feel a lack of self-confidence that limits the service they can give to the world. Angel Ariel’s wisdom is, “*We are confident in you and your ability to serve. In time, you will be too.*”

Receiving: There is a metaphysical law that says “what you give out comes back ten-fold.” This is especially true with the energy of love. The angels say that we are great givers of the energy of love through our time and techniques. They also say that we are in many cases lousy receivers. In fact, they say that we often work against the divine plan and the laws of metaphysics to avoid receiving gratitude, love, money, or even praise. When we avoid receiving, we interfere with the process of giving and the harmony of the divine plan. While our primary soul focus must be on using our time to give love, we must avoid our ego’s tendency to limit us in receiving the love (in all its forms) when it returns to us. There are two ways we can be open to receive from the world. We call them direct and indirect.

Direct implies that you use your time and talents to serve others through IET sessions and/or training classes, and you receive the energy of love, gratitude, and money returning to you from those you serve. This is the “traditional” view of anyone in service. You offer your time and services at a fee to those you serve.

Indirect implies that you use your time and talents to serve others through IET sessions and/or training classes, but you receive the energy of love, gratitude, and money returning to you from a source other than those you serve. This is akin to the “pay it forward” philosophy.

Self-worth: As we are receiving from the direct and indirect paths, our self-worth regulates what we will allow ourselves to receive. Each of us has an upper and lower limit to our self-worth. We call our upper worthiness limit our **glass ceiling** and our lower worthiness limit our **trap door**. When we operate in life below our glass ceiling and above our trap door then we are wonderfully open to receiving.

Glass Ceiling: Our glass ceiling is the upper limit that we currently believe our time and our talents are worth. If we charge more than our glass ceiling, we will feel like we are receiving more than we are giving. If we charge more than our glass ceiling, we will get little or no response to our service offering. I find that most people have too low a sense of self worth, thus, their glass ceiling is too low.

Trap Door: Our trap door is the lower limit that we currently believe our time and our talents are worth. If we charge less than our trap door, we will likely feel that we are giving more than we are receiving. If we charge less than our trap door, we will likely get a good response. However, after a while, we will resent people for paying us what we are asking. I find that because most people have a low sense of self worth, their trap door is too low.