

Issues of Codependence Related to the Healing Angels of the Energy Field

Angel	Healing Gift	Helps you Clear
Ariel	Your Soul's Mission	Limiting Self-Will
<ul style="list-style-type: none"> • You cannot even attempt to be doing your own work, your soul's mission if you are busy avoiding it taking care of others • Taking Care of others offers us a diversion from pursuing our own work 		
Raphael	Divine Illumination	Illusion of Separation
<p>Codependents have tremendous guilt over:</p> <ul style="list-style-type: none"> • Not doing things perfectly • Not doing enough • Guilt feelings about not wanting to do something – but of course, doing it anyway • Feel guilty about others' feelings and behaviors 		
Gabriel	Divine Direction	Uncertainty and Distrust
<ul style="list-style-type: none"> • Distrust is a major issue for codependents • The issue of distrust is realized in codependent families when needs are not met • Codependents feel they are est suited to take care of things and people – they do not trust that anyone else can do the job as well as they can 		
Celestina	Creative Expression	Swallowing Self-Expression, Shame, Threat
<ul style="list-style-type: none"> • Sense of not being good enough, unworthy, imperfect, or defective • Area of low self-esteem due to the feelings about self from above 		
Faith	Faith and Freedom	Worshipping Others
<p>This is the “shoulds” – should do, shouldn't do, should be, shouldn't be</p> <ul style="list-style-type: none"> • This is directly related to doing or being what others want you to do or be • Being overly responsible or an over achiever • Very judgmental of self and others because of being brought up in an environment of disapproval and judgment • Tell People how they should feel, what they should do and become angry when others do not take that advice 		
Cassiel	Unconditional Love	Heartache and Betrayal, Sadness, Rejection
<ul style="list-style-type: none"> • Codependents become and believe whatever people want them to be or believe for fear of rejection • Abandonment is a major issue for codependents • Control patterns of being with needy people so that they feel needed is another issue found here 		
Daniel	Forgiveness	Judgements, Resentment and Anger
<ul style="list-style-type: none"> • Codependents are afraid of their own anger for fear that it will change quickly to rage • Can show anger for someone else's situation but has trouble showing anger for personal injustices 		

Sarah	Empowerment	Powerlessness
<ul style="list-style-type: none"> • Codependents feel powerless in their families. They feel unseen or unheard. • Stress shows itself in the physical body here with digestive problems, ulcers. • Overcontrolling things when things feel out of control and lack of boundaries are often issues found here 		
Michael	Protection	Fear
<ul style="list-style-type: none"> • Issues about fear and anxiety centered on survival, being heard, seen, having feelings of isolation and emptiness • The fear hinders expression 		

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