

BETTY'S MASSAGE THERAPY, TREATMENT,
REJUVENATION, AND TEACHING CENTER
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Everyone needs permission to get well. Repeat the following:

***I GIVE MYSELF FULL PERMISSION FOR EVERY CELL IN MY
BODY TO BE PERFECT AND WELL. (Repeat 3 times and then say
the following:)***

***I AM WILLING ENOUGH AND WORTHY ENOUGH TO RECEIVE
THIS HEALING. (Repeat 3 times)***

UNNATURAL BLOOD ROTATION = DEGENERATION, DISEASE AND PREMATURE AGING.
NATURAL BLOOD ROTATION = REGENERATION.

***FROM THE DIVINE LOVE WITHIN MY BEING, I CALL FORTH ALL
CREATIONS, WHICH HAVE SYSTEMS CONTAINING BLOOD WITHIN THEIR
BEING. I OFFER YOU THIS HEALING TO ACCEPT OR REJECT ACCORDING
TO YOUR FREE -WILL CHOICE. I COMMAND MY BLOOD AND ALL OF MY
FLUIDS ON ALL LEVELS OF MY BEING, IN WHICH STRESS IN ANY FORM
HAS CREATED AN UNNATURAL ROTATION OF POLARITY OR IMBALANCE
IN THE BLOOD, BE RESTORED TO ITS NATURAL BALANCE AND RHYTHM,
AND THOSE ENERGIES CREATING THIS STRESS BE TRANSMUTED INTO
THE DIVINE EXPRESSION OF CREATIVE LOVE. AND SO IT IS. (Repeat 1 time)***

CENTERED AND BALANCED: BY RICH WORK

***I COMMAND I BE PRESENT, FOCUSED, CENTERED, AND BALANCED 100%
IN THE FIFTH DIMENSION, IN PRESENT TIME, WITH MY SOUL IN MY
BODY, BALANCED ACCORDING TO MY HIGHEST LEVEL OF
CONSCIOUSNESS. AND SO IT IS. (Repeat 3 times)***

Ask is the ESSENCE that takes care of me in my body? YES or NO? IF NO SAY:
TREATMENT: GET YOURSELF BACK INTO MY BODY (Repeat 6 times)

CALL YOUR WHOLE NAME A MINIMUM OF SIX TIMES TO GROUND THE ESSENCE. THIS INCLUDES FIRST, MIDDLE, MAIDEN AND ALL LAST NAMES IN THE ORDER YOU OBTAINED THEM. THEN DOWSE OR VERIFY THAT 100% OF FRAGMENTS ARE UNIFIED AND NAMED. I ASK IT TO BE SYNCRONIZED AND BALANCED WITH THE PHYSICAL BODY. (EXAMPLES OF HOW YOU LEAVE YOUR BODY INCLUDE: DREAMS, MEDITATION, PLANNING AHEAD, GETTING OUT OF THE NOW, FAVORITE SPOT, ETC.)

I COMMAND THE ESSENCE THAT TAKES CARE OF ME TO STAY PUT!!! (Repeat 3 times)

Note: **If chronic**, use the Sphenoid Treatment and check for anchoring. To activate sphenoid: wiggle bridge of nose for 10 seconds.

Need to anchor self in the physical: Dowse which two places out of four need to be connected:

CROWN____, PINEAL____, HEART____, UMBILICUS

HOLD THE TWO PLACES BY CAGING ALL THE FINGERS WITH THUMBS FACING EACH OTHER FOR 10 SECONDS.

WHILE YOU ARE HOLDING THIS POSITION, REPEAT THE WORD "**ANCHOR**" (3 times)

Ask if all the subtle bodies are present? YES or NO? If no:

PERCENTAGE OF FRAGMENTATION: DOWSE FOR MISSING SUBTLE BODIES:

PERSONALITY____, PHYSICAL____, MENTAL____, EGO____,

DESIRE____, EMOTIONAL____, SEXUAL____, ASTRAL____, SOUL____,

SPIRIT____, PSYCHIC____, INSTINCTUAL____,

ETHERIC____, CELESTIAL____

I AM ASKING THAT 100% OF THE NAME SUBTLE BODIES BE BROUGHT BACK, RESTORED, ENERGIZED AND BALANCED WITH THE PHYSICAL BODY.

THINK YOUR WHOLE NAME SO THE FRAGMENTS WILL BLINK ON AND OFF AND BE EASIER TO GATHER AND BE RETURNED TO YOU. YOU CAN DO THIS YOURSELF OR ASK YOUR GUARDIAN ANGEL TO HELP YOU. **NOTE:** FRAGMENTS HELD BY PERSONS YOU HAVE HAD HARSH WORDS WITH OR UNBEARABLE SITUATIONS WILL BE SLUGGISH IN RETURNING TO YOU. EXTRA DEMANDING FORCE MAY BE NEEDED, REGARDLESS OF FAMILY, FRIENDS OR FOES.

THE FLOW OF ENERGY...HOW DO YOU FEEL?

HOW ENERGY ENTERS THE BODY:

IN THE BOTTOM OF THE LEFT FOOT CIRCLES UP AND AROUND, COMES DOWN AND EXITS OUT THE BOTTOM OF THE RIGHT FOOT.

FRONT OF BODY POSITIVE.....PALMS POSITIVE

BACK OF BODY NEGATIVE....BACK OF HANDS NEGATIVE

FINGER TIPS ARE NEUTRAL

POLARITY REVERSED.... IS MY POLARITY REVERSED? IF YES,

RIGHT HANDED: RIGHT HAND OVER LEFT WITH PALMS TOGETHER AND RIGHT LEG OVER LEFT LEG, HOLD FOR 30-60 SECONDS.

LEFT HANDED: LEFT HAND OVER RIGHT WITH PALMS TOGETHER AND LEFT LEG OVER THE RIGHT LEG. HOLD FOR 30-60 SECONDS. MUSCLE TEST AGAIN TO CONFIRM POLARITY REVERSAL.

POLARITY HEALING AFFIRMATION:

LET THIS BE IN COMPLETE BALANCE FOR 100% TO MY HIGHEST GOOD.

(repeat 3 times)

YOU HAVE THREE POWER SOURCES TO CHOOSE FROM:

THE UMBILICUS, THE FORE-HEAD, THE TAILBONE

ENERGIZE THE HANDS BY RUBBING BRISKLY AND PUT ONE PALM OVER THE CLOSEST POWER SOURCE AND THE OTHER PALM WHEREVER IT HURTS, AND THEN REPEAT THE ABOVE AFFIRMATION.

BRAIN CENTER HOOK UP:

BRAIN CENTERS ARE THE FOREHEAD, BELLY BUTTON, EACH PALM OF HAND, BEHIND EACH KNEE, AND SOLES OF BOTH FEET.

MUSCLE TEST OR DOWSE WHICH CENTERS ARE NOT ON. EXAMPLE: IF BELLY BUTTON IS OFF, IT HAS TO BE LINKED WITH THE FOREHEAD BY PLACING ONE HAND ON THE FOREHEAD AND ONE HAND OVER THE BELLY BUTTON AND REPEATING THREE TIMES: LET THIS BRAIN CENTER BE HOOKED UP AND BALANCED FOR 100% TO MY HIGHEST GOOD. NEXT HOOK UP PALMS WITH BELLY BUTTON AND BACK OF KNEE WITH PALMS AND SOLES OF FEET WITH BEHIND THE KNEE. REPEAT THE PHRASE FOR EACH ONE.

BRAIN HOOK UP:

HOOK UP RIGHT BRAIN TO LEFT BRAIN TO FRONT BRAIN, TO MIDBRAIN, TO HIND BRAIN, TO CONSCIOUS BRAIN, TO SUBCONSCIOUS, TO SUPERCONSCIOUS, TO SUB SUPERCONSCIOUS, TO SOUL CONSCIOUS, TO

