

❖ Journal of Energy Therapy ❖

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The Center Of Being, Inc.

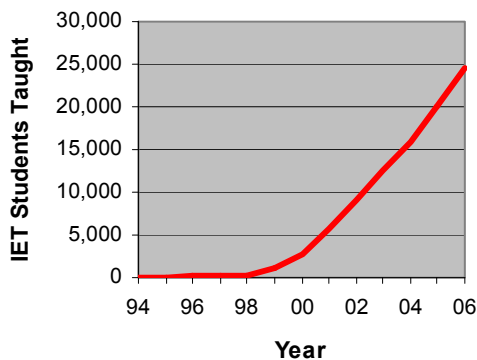
January - December 2007

Healing the World One-Heart-At-A-Time

IET® continued to grow at a wonderful rate in 2006. We now have over 1,600 Integrated Energy Therapy® Master-Instructors who have taught more than 6,000 IET classes that have been held in over 25 countries with over 24,500 Basic, Intermediate, Advanced, and Master-Instructor IET students taught.

IET students are now being taught from our Dutch, English, French, German, and Spanish Basic, Intermediate, and Advanced IET manuals. In addition, we are working to have our Pets, Kids, and Healing Angels manuals available in all these languages as well.

We are pleased to announce that our *Healing Angels of the Energy Field* book is now available in French.



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Integrated Energy Therapy® News



2006 - The Year We Wagged The World!

Thousands of IET students and Master-Instructors around the world joined their heartlinks and their energy to complete the first two phases of the World Angel Grid, which anchored the Grid to the planet, and offered an incredible healing to the world. This year we will continue with Phase 3 of the World Angel Grid and Bring Joy To The World! (see page 6).

2007 - The Year For Pure Joy

We are back from our 2006 MI Retreat sabbatical and in 2007 we will not just be offering one MI Retreat but four Regional MI Retreats. The theme for the MI Retreats will be Pure Joy. Each retreat will be one-day long and will feature the new Phase 3 "Bringing Joy To The World" WAG process. (see page 7).

Honoring our Top Teachers

It is because of the loving efforts of all of the IET Master-Instructors who have followed their hearts, honored their soul's purpose, and applied their gift of teaching to IET, that our IET community has grown around the world. We offer our thanks to all Master-Instructors, whether they have taught one IET student or one hundred IET students. This year we are honoring the Top 26 Teachers of 2006 as well as our 2006 Teacher of the Year. (see page 3).

A World of Healing

Our world wide IET community grew by over 1600 new IET students from 18 countries in 2006. These new students live in Argentina, Austria, Belgium, Canada, England, France, French West Indies, Germany, Guadeloupe, Ireland, Mexico, Northern Ireland, the Netherlands, Scotland, Spain, Switzerland, the UK, and the USA. We would like to welcome these new students to the IET community and thank the angels for opening the doors world wide for the healing gift of IET.

Wishing You and Your Loved Ones a Joy Filled New Year!



Stevan Thayer

The five steps of the IET process are Energize, Trigger, Release, Integrate, and Pure Joy. Pure Joy is a byproduct of clearings created by IET energy, and it is our natural state of being. In 2006, we supported the angels in accelerating our world wide journey to joy through the creation of the World Angel Grid. In 2007, we will continue to help the angels by expanding the worldwide IET community and by working together in October to create Phase 3 of the World Angel Grid. The angels say that 2007 is going to be a memorable milestone on this journey to joy, therefore, we have set the healing theme for 2007 to be "Pure Joy".

Thank you for being our traveling companions on this incredible, angelic, spiritual, healing Journey to Joy.

Ode to JOY.

J is for Justice and peace in the world. Let's expand it in 2007.

O is for the shape your mouth forms when you see something beautiful like a red sunset over the mountains or ocean, and the feeling that settles into your soul. Remember that the world is a reflection of what we feel inside.

Y is for Your special angel, and the messages you receive that are created just for you. You can make a difference. Healing the world one heart at a time.

Live life to the fullest, and spread JOY around the world.



Carol Armitage



Karen Puglia

Happy New Year! May 2007 bring us all that we desire. The IET theme for 2007 is Pure Joy. What a wonderful thought. Creating a life full of joy. What does that mean? I suspect it means something different for each one of us. I also suspect that a person filled with joy is very contagious. Let the universe know what brings you joy. Create a vision board and let's spread Pure Joy out into the world.

"JOY to the world!" A phrase that is sung during the Christmas Holiday and that was also sung and made famous by a bullfrog named Jeremiah. Joy is nothing that you create in your conscious mind, instead it rises from within your heart. I believe it is part of the individual spark in you that was given by the Divine Creator. When you are able to call your true essence, that Divine Spark, forward into your daily life and interact with another energy, be it another human being, a nature spirit, an angel, etc. who also connects with you from their essence, the two of you create JOY! So reach deep within and call yourself forward. You can begin to know and live from your greatness.

You never know what you will create... ribbit! [that's bullfrog for "JOY To You!"]



Maria Peterson



Nancy Russell

Nancy has elected to take a sabbatical from teaching our IET Master-Instructor classes this year and will focus her energies on her family, private client practice, and developing her new AP Class (not affiliated with IET). See www.lightnessofbeing.com for more information.



Announcing IET's Top 26 Instructors of 2006



In October 1998, when the first IET® Master-Instructor class was taught by Stevan, the IET student community consisted of just over 300 IET Basic, Intermediate, Advanced, and Master-Instructor students taught. Today the IET community has grown to just over 24,500 Basic, Intermediate, Advanced, and Master-Instructor students taught. This rapid growth in the size of the worldwide IET classroom is due to the loving work of the hundreds of IET Master-Instructors who have responded to their heart's desire to teach, faced their fears, and, with the help of their angels, taught IET classes. We offer our profound gratitude to all IET Master-Instructors who have taught IET to one or to one hundred students. It is through their loving work that we are fulfilling the angels' mission of healing the world one-heart-at-a-time.

In 2005, we initiated a new program designed to honor the IET Master-Instructors who have contributed the most to the growth of IET each year. We are continuing this program and have identified the Top 26 IET Instructors for 2006. These are the Master-Instructors who, based on the class lists we have received, have taught the largest number of Basic, Intermediate, and Advanced IET students over the period December 1, 2005 to December 1, 2006. In addition to having their names listed alphabetically below, they will receive a special "Top 26 Instructors of 2006" certificate from The Center of Being, and will be honored on our www.LearnIET.com website. Several of the top Master-Instructors always taught as two or three person teaching teams. Each team was counted as one person in the top 26. This resulted in 31 top Instructors total. Please join with us in extending a heartlink of congratulations to our Top 26 Instructors of 2006 **listed alphabetically** below.

Pavlina Albrecht, Brno, Czech Republic
Sr. Anita Brelage, IN, USA
Jennifer Clark, ON, Canada
Charlene Crossen, RI, USA
Emma Duff, Co. Dublin, Ireland
Andrea Dunham, CA, USA
Carol Dunning, MD, USA
Vicki Elkins, CA, USA
Vicki Frederiksen, CA, USA
Gillian Gavin, Co. Dublin, Ireland
Michael Golzmane, MA, USA
Deborah Gorman, Co. Meath, Ireland
Trudy Hoey-Murray, Co. Louth, Ireland
Annelies Hoornik, Zuid Holland, Netherlands
Keith Horwitz, CA, USA
Katrijn Joris, Hever, Belgium

Sharlene McLearn, ON, Canada
Mieke Michielsen, Schoten, Belgium
Twillia Miller, OH, USA
Delphine Morizot, Le Taillan Medoc, France
Gretta Murphy, Co. Waterford, Ireland
Lynn Neilson, QC, Canada
Carmel O'Callaghan, Co. Cork, Ireland
Nora O'Neill, Co. Clare, Ireland
Leon Pelletier, AZ, USA
Fabienne Prox, Lausanne, Switzerland
Linda Smith, ME, USA
Phoenix Rising Star, AZ, USA
Christine Voss, CO, USA
Alan Wells, Co. Clare, Ireland

2006's IET® Instructor of the Year Sister Anita Brelage

In addition, to the Top 26 in 2006, a special "Instructor Of The Year" award is given to the one IET Master-Instructor who has both taught the most IET students over the period December 1, 2005 to December 1, 2006 and received wonderful reviews from his/her students. It is our pleasure to announce that the Instructor Of The Year for 2006 is Sr. Anita Brelage of Oldenburg, Indiana, USA. Sr. Anita will receive the 2006 Instructor Of The Year certificate from The Center Of Being and she will be honored on our www.LearnIET.com website.

Sr. Anita became an IET Master-Instructor in 2002 and has taught IET extensively since that time. She teaches her IET classes primarily through the Oldenburg Franciscan Center in Oldenburg, IN.



Sr. Anita Brelage
2006 IET
Instructor of the Year

2007 Integrated Energy Therapy® Master-Instructor Class Schedule

It's like treating yourself to a two-day energy spa that completes your expansion to the Integrated Energy Therapy® energy rays, and fully activates your 12-Strand DNA. We enhanced our IET® Master-Instructor class, using a new class agenda, adding new techniques, expanding the energy, and simplifying the training. All M-I classes are taught in English.

USA CEUs: 16 NCBTMB Massage CEs are available for this class.



Saturday's Agenda is focused on IET Master-Instructor practitioner techniques. You will receive the M-I attunement and learn to use sacred geometry to harness the IET energy rays to work directly with the DNA for your self-healing and supporting others. You will learn the 12-Strand Alignment Technique, the IET Powerburst Technique, the I-Chi Technique, the Karma Clearing Technique, and more.

Sunday's Agenda is focused on attuning IET students, teaching IET classes, and learning extended IET skills. Our program lets you immerse yourself in all the IET energy rays, which optimizes your 12-strand DNA, and helps you reach for the stars in your own life. In addition, if teaching is your gift, this class certifies you to teach Basic, Intermediate, Advanced, Pets, Kids, and Healing Angels IET classes.

<u>Location</u>	<u>Trainer</u>	<u>Class Days & Dates 2007</u>
Encino, CA, USA	Maria Peterson	Sat. & Sun. March 17 & 18, 2007
Saugerties, NY, USA	Stevan Thayer	Sat. & Sun. March 31 & April 1, 2007
Arlington, VA, USA	Karen Puglia	Sat. & Sun. March 31 & April 1, 2007
Providence, RI, USA	Karen Puglia	Sat. & Sun. April 21 & 22, 2007
Bensalem, PA, USA	Karen Puglia	Sat. & Sun. May 5 & 6, 2007
Newlands Cross, Dublin, Ireland	Stevan Thayer	Sat. & Sun. May 12 & 13, 2007
Akron/Canton, OH, USA	Maria Peterson	Sat. & Sun. May 19 & 20, 2007
Ottawa, ON, Canada	Karen Puglia	Sat. & Sun. June 2 & 3, 2007
St. Louis, MO, USA	Maria Peterson	Sat. & Sun. June 9 & 10, 2007
Ranst, Belgium	Stevan Thayer	Sat. & Sun. June 16 & 17, 2007
Cork, Co. Cork, Ireland	Karen Puglia	Sat. & Sun. July 14 & 15, 2007
Nashua, NH, USA	Karen Puglia	Sat. & Sun. August 4 & 5, 2007
Boulder, CO, USA	Maria Peterson	Sat. & Sun. August 11 & 12, 2007
St. Cloud, MN, USA	Maria Peterson	Sat. & Sun. August 25 & 26, 2007
Brunswick, ME, USA	Karen Puglia	Sat. & Sun. September 15 & 16, 2007
London, ON, Canada	Maria Peterson	Sat. & Sun. September 15 & 16, 2007
Newlands Cross, Dublin, Ireland	Stevan Thayer	Sat. & Sun. September 29 & 30, 2007
Oldenburg, IN, USA	Maria Peterson	Sat. & Sun. October 6 & 7, 2007
W. Sturbridge, MA, USA	Karen Puglia	Sat. & Sun. October 13 & 14, 2007
Olympia, WA, USA	Maria Peterson	Sat. & Sun. November 3 & 4, 2007
Fayetteville, AR, USA	Karen Puglia	Sat. & Sun. November 3 & 4, 2007

For Up To Date IET Class Listings: As the year unfolds, we may be offering additional Master-Instructor classes in 2007. If we do, they will be included in the cyber Journal of Energy Therapy as well as listed on www.LearnIET.com.

Registration: IET Master-Instructor classes are in general open to the first 20 students who register with a paid deposit. All IET Master-Instructor classes run from 9:30 AM to 6:00 PM on Saturday and 9:30 AM to 5:00 PM on Sunday unless otherwise noted. Please see page 8 for registration procedures.

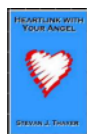
It Pays To Register Early! Our early bird student class fee applies when your student registration deposit is received at least 30 days prior to the class date; otherwise, the normal class fee applies.

<u>MI Class Location</u>	<u>Student Early Bird Fee</u>	<u>Student Normal Fee</u>	<u>Student Deposit</u>	<u>Reviewer (Early/Normal)</u>
USA	\$635 US*	\$685 US*	\$210 US	\$95/\$105 US*
Ireland & Belgium	€635 Euro*	€685 Euro*	€210	€95/€105*
Canada	\$725 CDN	\$780 CDN	\$300 CDN	\$110/\$120 CDN

* Lunch: Most of our Master-Instructor classes are held in locations that offer students a variety of nearby lunch options. Therefore, lunch is not included in the price of our classes. However, some locations (Belgium, Cork, Encino, Oldenburg, and Saugerties) are remote, and provide lunch at an additional fee which we add to the class fee.

Cancellation Policy: Your deposit will be refunded in full if you cancel for any reason more than 30 days prior to the class date; otherwise, you will forfeit \$100 US for USA classes, \$125 CDN for Canada classes, and €210 Euro for Irish and Belgian classes.

New MI Class Review Registration Procedure: Over the past few years, we have had more Masters register to review our Master-Instructor classes than we have had space to allow. In addition, some Masters (who register early) have reviewed several times and other Masters (who registered later) have not had an opportunity to review at all. To help resolve this inequity, we are implementing a new reviewer registration system in 2007. In this new system when we receive a reviewer registration request from a Master who has not reviewed in the past 3 years, and there is still space available, the Master will be immediately enrolled in the class. When we receive a registration request from a Master who has reviewed within the past 3 years, their registration request will be delayed and the request will be placed on a first come first served waiting list. Then, 1 month before the class, if space is available for additional reviewers, we will enroll Masters from the waiting list in the order they registered.



Steps to Transformation IET Audio Tape Inventory Clearance Sale



While they last, many **\$10.00** audio cassette tapes are now only **\$5.00** each!

We are in the process of re-mastering our Steps to Transformation IET audio programs by Stevan J. Thayer and converting them from audio cassette tape to audio CD. Once we have exhausted our current audio tape inventory, we will discontinue to offer Steps to Transformation programs on audio cassette tape and only offer them on audio CD. We currently have a limited number of the Steps to Transformation audio tapes still available and are offering them, while supplies last, for \$5.00 each (a 50% savings from our regular \$10.00 price). The Steps to Transformation audio cassette tape programs that are **still available for \$5.00 each** are:

- Step 1: Heartlink with your Angel:** Follow Stevan Thayer as he leads you through the process of connecting to the energy of your angel and using it for healing.
- Step 3: Clearing Karma:** Our Karma Clearing process helps you clear your Karma with the Energy of Angels. In this program you will experience the IET vortex process, learn to use special Karma integration points, and more.
- Step 4: The IET Forgiveness Process:** Anyone listening to this tape can work through the forgiveness process for self and others. Welcome forgiveness into your life!
- Step 5: Empowered Heart Essential Action:** This 1-hour audio program leads you through the new Empowered Heart process and helps you discover your life's Essential Action.
- Step 6: Future Life Progression:** Our Future Life Progression program allows you to journey forward, with the help of your angels and soul council, to a future lifetime in which you were successful in living your true life's purpose.

**You can order these clearance items on-line via our www.LearnIET.com website
or by calling The Center on U.S. (845) 657-7220.**

THE WORLD ANGEL GRID

TOGETHER WE HAVE TRULY WAGGED THE WORLD!

Reverse Global Warming
Resolve Conflict Worldwide



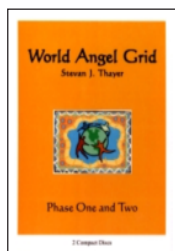
Bring Peace to the Planet
End World Hunger

WAG Phase 1: Anchoring The Grid which took place on Sunday, September 10, 2006

In Phase 1, approximately 1000 IET Master-Instructors around the world joined together at 3:33 PM in their local time zone and established Earth Anchor Point heartbeams, then worked together with the Healing Angels to weave a nine layer grid of angelic energy between the heartbeams. Master-Instructors can repeat this program at any time and create an additional Earth Anchor Point for the World Angel Grid each time the program is repeated.

WAG Phase 2: Completing the Grid which took place on Sunday, October 22, 2006

In Phase 2, several thousand IET students around the world joined together at 3:33 PM in their local time zone and systematically cleared resistance to love and imprinted empowerment in themselves and in people worldwide. IET students of all levels can repeat this program at any time to heal at deeper and deeper levels.



For Master-Instructors Only
Phase 1 & 2 Two CD Set
\$ 18.00 (plus shipping)

It's Not Too Late For You to WAG the World Too! (or WAG the World Again)

Experience our WAG program for the first time, or re-experience it again, by listening to our WAG CDs. Repeat Phase 1 to add more Earth Anchor Points. (note: you must be a Master-Instructor to do Phase 1) Repeat Phase 2 to heal at deeper levels.



For All IET Students
Phase 2 CD
\$ 12.00 (plus shipping)

ANNOUNCING WAG PHASE 3

“Bringing Joy To The World” taking place on Saturday, October 20, 2007


We invite all IET students to participate in our Phase 3 WAG program. We anticipate that thousands of IET students around the world will once again join together at 3:33 PM in their local time zone and participate in our Phase 3 WAG program. Our Phase 3 program will be approximately 1 hour in length. Stevan will be creating a WAG Phase 3 audio CD program which will lead you through the new Phase 3 WAG process designed to clear your energy field, elevate your vibration, and bring you and people worldwide into a state of “Pure Joy”. The Phase 3 WAG audio CD will be available for purchase in August 2007. In addition, we will again be offering a free webcast of our WAG program via our www.LearnIET.com website all day Saturday, October 20th.

Our Special Phase 3 WAG Program for Master-Instructors: Strap on Your Spiritual Seatbelts!!!


We have arranged for our U.S. IET MI Retreats to be held on World Angel Grid Day 2007 and the new Phase 3 WAG process will be the focus of our MI Retreat Agenda. Imagine the energy of the MI Retreat combined with the energy of the World Angel Grid. See page 7 for details.

Announcing Our 2007 Regional IET Master-Instructor Retreats

Pure Joy



Joy is inside of you,
not in the attainment of things desired,
not in the achievement of goals made,
but in the simple feeling that lies within you.
Know that this joy is unaffected by outer
circumstances, and that joy
will be yours forever.



Author unknown

Strap on your Spiritual Seatbelts! Just imagine the energy of a gathering of IET Master-Instructors, then multiply that by three simultaneous Retreats, and finally add to that the energy of thousands and thousands of IET students participating in Phase 3 of our World Angel Grid all on the same day. WOW!

One Theme: Pure Joy - One Date: Saturday, October 20th, 2007 - Three U.S. Locations

<p style="text-align: center;">Boulder, CO</p> <p style="text-align: center;">Peaceful Meadow Retreat 7075 Valmont Rd Boulder, CO 80301 (303) 442-2490 led by Maria Peterson</p>	<p style="text-align: center;">Mahwah, NJ</p> <p style="text-align: center;">Doubletree Hotel Mahwah 180 Rte 17 South Mahwah, NJ 07430 (201) 529-5880 led by Stevan Thayer and Carol Armitage</p>	<p style="text-align: center;">Norwood, MA</p> <p style="text-align: center;">Hampton Inn Norwood 434 Providence Hwy Norwood, MA 02062 (781) 769-7000 led by Karen Puglia</p>
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Our Regional Retreats run from 9:30 AM to 5:30 PM and are Designed to Let You:

Meet your Angel
Family

Make new
Friends

Participate in the new
Phase 3 World Angel
Grid Process

Experience
Pure Joy

Enjoy a Great
Lunch

Price: You can attend one of our all day MI Retreats, with lunch included, for \$125 if you register before September 20, and \$150 if you register after September 20. We ask that you pay in full when you register. Your payment will be refunded if you cancel more than 30 days in advance.

How to Register: Space is limited so register early. You can register for any of the three Regional Retreats on-line at www.LearnIET.com or by calling The Center Of Being at (845) 657-7220. See page 8 for details.

Lodging at our Retreat Locations: Rooms are available for those who wish to spend the night before or after the Retreat. Please reserve your room by calling the Hotel or Retreat Center directly.

Irish IET Master-Instructor Retreat

When it comes to time zones, Ireland is always ahead of America. The same is true when it comes to Master-Instructor Retreats. Stevan and Carol are offering the same MI Retreat agenda in Newlands Cross, Dublin, Ireland on Saturday October 6, 2007. Please see our www.LearnIET.com website for details or to register.

HOW TO REGISTER FOR OUR IET MI CLASSES AND RETREATS

Please Register Early: Our Master-Instructor classes and retreats have been very popular and you are encouraged to register early, before they are filled, as well as to receive our Early Bird savings. You are invited to register for a Master-Instructor class before you have completed the class prerequisites, however, you must complete the class prerequisites by the class date. We offer several registration alternatives to suite your needs.

Register With Credit Card Deposit Payment Via Our On-Line Internet Booking Form

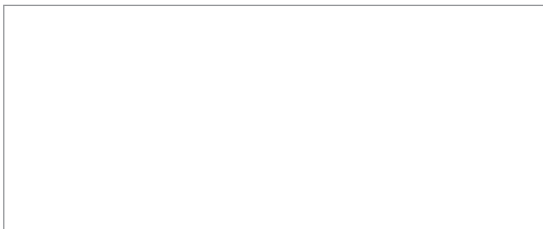
You can register on-line through our secure server by selecting the Master-Instructor Level tab on our www.LearnIET.com website. Then select the “register on-line” feature on the bottom of the page. Simply fill out the on-line form and use your Visa or MasterCard credit card to pay your registration deposit. We will send you a detailed registration confirmation.

Register by Phone With Credit Card Deposit Payment

You can register by phone by calling us at The Center of Being at USA (845) 657-7220 (please remember the Center is on Eastern U.S. Time). We will take your registration information over the phone and you can use your Visa or MasterCard credit card to pay your registration deposit.

Register With Check Deposit Payment

We can accept \$US checks payable to **The Center Of Being** written on banks within The United States, \$CDN checks payable to **The Center of Being** written on banks within Canada, and €Euro checks payable to **Stevan Thayer** written on banks within The Republic of Ireland. Please mail your check along with a note indicating the class or retreat you wish to register for, your postal mailing address, phone number, and email address if you have one, to: The Center of Being, PO Box 883, Woodstock, NY 12498 USA.



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