

**1) Phase 2 Introduction:**

- a) This outline will lead you step by step through the Phase 2 – Grid Completion Process - that the angels have laid out for us . The first phase of the World Angel Grid was constructed on Sunday September 10, 2006. At that time, IET Master-Instructors around the world successfully anchored the World Angel Grid to the planet. You can think of the World Angel Grid as being made up of hundreds of columns of angelic energy that have been permanently anchored into specific places on the earth. These columns of energy are called Heartbeams and are part of the Advanced Level and Master-Instructor Level IET trainings. The angels have woven an interconnecting grid of angelic energy that crisscrosses the planet between these Heartbeams. This grid is made up of nine layers and each layer was created by one of the nine Healing Angels of the energy field. Each layer brings to the grid, and to the world, the special gift of healing of the angel who created it. In addition, each Master-Instructor who participated in anchoring the grid added their own energetic fingerprint to the grid by imparting it with their special gifts of love. The World Angel Grid is a permanent addition the planet's energy and will always be available to you and to all people on the planet for healing support.
- b) In this second phase, taking place on Sunday October 22, 2006, we will work together with the healing angels to tap into the World Angel Grid and increase its intensity, and offer clearings and empowerment to all people worldwide. This outline will lead you through the Phase 2 – “Grid Completion” Process - that the angels have laid out for us. Simply follow along with my instructions. Please know that you cannot do this process incorrectly – so don't worry about making a mistake – and know the angels will work with you and through you to complete the Grid.
- c) Before we bring in the angelic energy and it sweeps us off our feet, I would like to give you an overview of what we are about to do and explain some of the techniques we will use.
  - i) We will begin with a exercise to help you claim your personal intent for the World Angel Grid.
  - ii) Then you will join your energy field with the Grid.
  - iii) And then you will join your energy field with the thousands of IET students worldwide who are participating in today's program.
  - iv) This will enable us to operate as one with each other and as one with the grid.
  - v) Then we are going to make use of the metaphysical principle of the microcosm and macrocosm. Through this principle if we all work individually at the same time to clear energy blockages in a cellular memory area of our own bodies (the microcosm) the angels will work with us via the world angel grid to simultaneously support clearing of the same issues in people world wide (the macrocosm). That means, if we focus on clearing anger and imprinting forgiveness within ourselves, angel Daniel will work through the

world angel grid to simultaneously support world wide clearing of anger and imprinting forgiveness. In addition, if we focus on clearing our own fear and imprinting safety, Angel Michael will work through the world angel grid to simultaneously support world wide clearing fear and imprinting safety. Furthermore, as we do this, there will create a positive healing spiral since as we clear an energy blockage and imprint empowerment within ourselves, our energy field grows stronger, and can channel more energy. This will add to the intensity of the world angel grid. As the grid grows stronger and the Healing Angels work to offer healing and empowerment to all people world wide, we will receive an even stronger clearing and empowerment. This will further clear and intensify our energy field which in turn will intensify the grid. This creates a powerful positive healing spiral.

- vi) Our phase 2 process takes approximately 45
- 2) **Setting human intent:** We are going to begin by asking you to claim your macrocosmic personal intent for the World Angel Grid. This is essentially your personal list of the world issues you would like the world angel grid to heal, and the specific empowerment imprints you would like the angels to impart.
- a) Lets focus first on areas of healing.
    - i) An area of healing could be focused on a specific problem like stopping the fighting in the middle east or it could be focused on a general problem like resolving conflicts worldwide. It might be healing an area affected by a natural disaster like New Orleans or it may be focuses on the entire planet like reversing global warming. It might affect a few people, it might affect millions of people. Your personal list may have one area for healing or you may have many.
    - ii) To help you identify your list of areas of healing just let yourself answer this question. "If the world angel grid could heal, shift, change, clear, modify, empower, or resolve any problems in our world today, what would they be?"
    - iii) Now take a moment and create your healing list.
    - iv) You might have identified a single area for healing or you might have identified several.
    - v) Now take each of your areas for healing and think of the empowerment imprint you would ask the angels to leave behind. It might be as the angels heal hunger they leave behind abundance, or as they heal conflict they leave behind peace, or as they heal imprisonment they leave behind freedom. Take a few minutes and think of the empowerment imprints you would ask the angels to bless the world with.
    - vi) Now take a moment and create your empowerment list.
    - vii) Now take a final moment and focus on yourself and add to your list all of the healing and empowerment you wish receive personally from today's process.

And remember for those of you who find it hard to ask for things for yourself, whatever you ask for yourself (the microcosm) the world will also receive (the macrocosm)

- 3) **Angelic Heartlinks:** Let us begin to build the angelic energy by extending an angelic heartlink to Angel Ariel, all of the healing angels of the energy field, your own personal angels, and connect to the very highest vibration of divinity you can connect with at this time. Let us ask in prayer that the angels will work with us and through us, as they guide us, direct us, surround us, and protect us. Let us also ask that this energy be for our, and the world's, highest good and highest healing.
- 4) **Connect to the Grid:** Next, we are going to in essence plug our energy field into the World Angel Grid. You can think of this like plugging an electrical appliance into an electrical wall outlet. We will use heartlinks as energy chords and we will plug them into the grid by connecting them to the Grid heartbeams worldwide. By heartlinking your heartcenter to all of the Grid heartbeams worldwide, you will in essence "plug into the grid"
  - a) I would like you to send hundreds and hundreds of human heartlinks out from your heart with the intent that they connect with all of the columns of energy, the heartbeams, worldwide that anchor the world angel grid. You don't have to know where these heartbeams are located, simply send your heartlinks out from your heart and they will automatically find them. You may have to breath more openly and deeply as your energy field joins with the energy of the world angel grid. The energy is incredible so let yourself expand and rebalance at its new level of intensity
  - b) Now consciously intend that you're the personal intent, that is, all of the areas of healing and their associated empowerment imprints that you identified earlier, will be added to the energy of the world angel grid as you impart your energetic signature to the grid.
- 5) **Connect to the other IET students around the world:**
  - a) With your energy field joined to the World Angel Grid, I would like you to now join your energy field with the thousands of IET students who are participating in this program today. Simply imagine your heart like the center of a wooden wagon wheel and send out thousands of human heartlinks, like spokes of the wagon wheel, radiating out from your heart to connect with all of the other IET students world wide. Continue to breath more openly and deeply as your energy field joins with the energy of all of the other IET students. The energy has now grown even stronger so let yourself expand and rebalance at its new level of intensity. Incredible.
- 6) **Expanded 5-minute empowerment:**
  - a) Now that we are energetically joined to the grid and to thousands of IET students worldwide, we are going to focus on the microcosm – ourselves – and at the same

time through the grid we will be creating an energy of healing for the macrocosm – all people of the world.

- b) The format we will use to accomplish this is to work with each of the nine energetic layers of the grid starting with the one created by Angel Ariel, and working through to the one created by Angel Michael. We will then incorporate an expanded version of the 5-minute empowerment process that you learned in the Basic level IET class.

**7) Angel Ariel**

- a) Let's begin with focusing on the layer of the World Angel Grid created by Angel Ariel.
- b) Angel Ariel is the Healing Angel whose healing gift helps us discover our soul's mission and live it joyfully in the world.
- c) The Advanced Level IET training teaches us that the part of your energy anatomy that relates to your soul's mission is called your soulstar (or 8<sup>th</sup> chakra).
- d) Your soulstar is located approximately 4 feet above the top of your head and it contains the energetic potential for your soul's mission.
- e) So, please focus your awareness up to your soulstar and as you do send an angelic heartlink from your heart to Angel Ariel's heart.
- f) As Angel Ariel joins her energy with yours, she brings with her the healing gift that helps you overcome your limitations. Ariel also helps us to live your Soul's Mission by helping you bring the energy of our Soul Star (the potential for our Soul's Mission) into the earth plane where it will manifest. She wants your dreams to come true and have you live the experience of heaven on earth.
- g) As Angel Ariel's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Ariel's layer of the World Angel Grid.
- h) As Angel Ariel's energy intensifies within your energy field and within the World Angel Grid, simply surrender into the energy as she helps you clear limitations and live your soul's mission .
- i) Now feel the energy increase as Ariel's gift of healing spreads and spirals upward in intensity throughout her layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to help us all have our dreams come true and have us live the experience of heaven on earth.
- j) Give yourself permission to release any final limitations you may have as you give Angel Ariel permission to fully manifest you soul's mission.
- k) We will allow Angel Ariel's energy to continue its positive healing spiral as we shift our awareness to Angel Raphael's layer of the World Angel Grid.

**8) Angel Raphael:**

- a) Angel Raphael is the Healing Angel whose healing gifts help us clear the illusion of separation from the Divine and claim our innocence.
  - b) The part of your energy anatomy that relates to this is the area of the top of your head also known as the 7<sup>th</sup> chakra.
  - c) So, please gently touch the integration points for the top of your head and as you do send an angelic heartlink from your heart to Angel Raphael's heart.
  - d) As Angel Raphael joins his energy with yours, he brings with him the healing gift that clears the illusion of separation from the Divine. Raphael's energy is especially powerful in clearing the energy of guilt and your perception of sin. He helps you overcome your illusion of separation and connect with your innocence once again.
  - e) As Angel Raphael's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Raphael's layer of the World Angel Grid.
  - f) As Angel Raphael's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release guilt and imprint innocence.
  - g) Now feel the energy increase as Raphael's gift of healing spreads and spirals upward in intensity throughout his layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to support us all clear the illusion of separation and claim our innocence.
  - h) Give yourself permission to release any final guilt you may have as you give Angel Raphael permission to help you fully claim your innocence.
  - i) We will allow Angel Raphael's energy to continue its positive healing spiral as we release the integration points for the top of the head and shift our awareness to Angel Gabriel's layer of the World Angel Grid.
- 9) **Angel Gabriel**
- a) Angel Gabriel is the Healing Angel whose healing gifts help us overcome our uncertainties and live our life with Diving Direction.
  - b) The part of your energy anatomy that relates to this is the area of the third eye, also known as the 6<sup>th</sup> chakra.
  - c) So, please gently touch the integration points for your third eye and as you do send an angelic heartlink from your heart to Angel Gabriel's heart.
  - d) As Angel Gabriel joins his energy with yours, he brings with him the healing gift that helps you to overcome your human uncertainty and to know clearly the direction that the Divine wishes for you to travel in your life.

- e) As Angel Gabriel's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Gabriel's layer of the World Angel Grid.
- f) As Angel Gabriel's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release distrust as you imprint trust.
- g) Now feel the energy increase as Gabriel's gift of healing spreads and spirals upward in intensity throughout his layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to support us all overcome our uncertainties and empower us all to live our lives with divine direction.
- h) Give yourself permission to release any final distrust you may have as you give Angel Gabriel permission to imprint trust.
- i) We will allow Angel Gabriel's energy to continue its positive healing spiral as we release the integration points for the third eye and shift our awareness to Angel Celestina's layer of the World Angel Grid.

**10) Angel Celestina**

- a) Angel Celestina is the Healing Angel whose healing gifts help us discover our healing gifts and bring them into the world.
- b) The parts of your energy anatomy that relates to this are the areas of the Throat & Lungs, and the Back of the neck, which are also know as the 5<sup>th</sup> chakra.
- b) We will work with the Throat and Lungs first and the Back of the neck second.
- c) So, please gently touch the integration points for your throat and lungs and as you do, send an angelic heartlink from your heart to Angel Celestina's heart.
- d) As Angel Celestina joins her energy with yours, she brings with her the healing gift that helps you to clear your natural reaction to hold back, restrict, or even swallow your self-expression.
- e) As Angel Celestina's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Celestina's layer of the World Angel Grid.
- f) As Angel Celestina's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release shame and imprint spiritual pride.
- g) Now shift your hands and gently touch the integration points for the back of the neck and allow yourself to release threat and imprint support.
- h) Now feel the energy increase as Celestina's gift of healing spreads and spirals upward in intensity throughout her layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to support us all to stop

swallowing our creative self expression and help us all bring our creative gifts into the world.

- c) Give yourself permission to release any final shame you may have as you give Angel Celestina permission to imprint spiritual pride.
- i) We will allow Angel Celestina's energy to continue its positive healing spiral as we release the integration points for the back of the neck and shift our awareness to Angel Faith's layer of the World Angel Grid.

### **11) Faith**

- a) Angel Faith is the Healing Angel whose healing gift is faith and the freedom it brings.
- b) The parts of your energy anatomy that relates to faith is the area of the shoulders.
- c) So, please gently touch the integration points for your shoulders and as you do send an angelic heartlink from your heart to Angel Faith's heart.
- d) As Angel Faith joins her energy with yours, she brings with her the healing gift that helps you stop worshipping the opinions of others as she restores your faith in the Divine and in yourself.
- e) As Angel Faith's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Faith's layer of the World Angel Grid.
- f) As Angel Faith's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release should's and shouldn't's and imprint Freedom.
- g) Now feel the energy increase as Faith's gift of healing spreads and spirals upward in intensity throughout her layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to support us all to stop worshipping the opinions of others as she restores our faith in the Divine and in ourselves.
- h) Give yourself permission to release any final should's and shouldn't's that you may have as you give Angel Faith permission to imprint Freedom.
- i) We will allow Angel Faith's energy to continue its positive healing spiral as we release the integration points for the shoulders and shift our awareness to Angel Cassiel's layer of the World Angel Grid.

### **11) Angel Cassiel.**

- a) Angel Cassiel is the Healing Angel whose healing gifts help us open our hearts to give and receive love.
- b) The part of your energy anatomy that relates to this is the area of the heart, also known as the 4<sup>th</sup> chakra..

- c) So, please gently touch the integration points for your heart and as you do send an angelic heartlink from your heart to Angel Cassiel's heart.
- d) As Angel Cassiel joins her energy with yours, she brings with her the healing gift that helps you heal the effects of heartache, emptiness, longing, grief, and sadness, which can result from abandonment, loss, and betrayal. She gives you hope and helps you to trust in love again.
- j) As Angel Cassiel's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Cassiel's layer of the World Angel Grid.
- k) As Angel Cassiel's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release heartache and betrayal and imprint love.
- l) Now feel the energy increase as Cassiel's gift of healing spreads and spirals upward in intensity throughout her layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to help us all heal our hearts and open them to give and receive higher and higher levels of love.
- m) Give yourself permission to release any final heartache that you may have as you give Angel Cassiel permission to imprint Love.
- n) We will allow Angel Cassiel's energy to continue its positive healing spiral as we release the integration points for the heart and shift our awareness to Angel Daniel's layer of the World Angel Grid.

## 12) Angel Daniel

- a) Angel Daniel is the Healing Angel whose healing gifts help us forgive.
- b) The parts of your energy anatomy that relate to this are the areas of the Liver&GallBladder, and the Spleen.
- c) We will work on both the area of the Liver& Gallbladder and the area of the Spleen at the same time in this process.
- d) So, please gently touch the integration points for the Liver&Gallbladder and the Spleen and as you do send an angelic heartlink from your heart to Angel Daniel's heart.
- e) As Angel Daniel joins his energy with yours, he brings with him the healing gift that helps you to release energies of anger, resentment, and bitterness that result from your judgments. He also helps you to evolve to a state where you do not judge. His gift is the energy of true forgiveness.
- f) As Angel Daniel's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Daniel's layer of the World Angel Grid.

- g) As Angel Daniel's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release anger and resentment as you imprint forgiveness.
- h) Now feel the energy increase as Daniel's gift of healing spreads and spirals upward in intensity throughout his layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to help us all stop judging and start forgiving.
- i) Give yourself permission to release any final anger that you may have as you give Angel Daniels permission to imprint forgiveness.
- j) We will allow Angel Daniel's energy to continue its positive healing spiral as we release the integration points for the liver&gallbladder and the spleen and shift our awareness to Angel Sarah's layer of the World Angel Grid.

**13) Angel Sarah.**

- a) Angel Sarah is the Healing Angel whose healing gifts help us release powerlessness and live our life with ease.
- b) The parts of your energy anatomy that relate to this are the areas of the Adrenals and stomach (or 3rd chakra).
- c) So, please gently touch the integration points for your adrenals and stomach and as you do send an angelic heartlink from your heart to Angel Sarah's heart.
- d) As Angel Sarah joins her energy with yours, she brings with her the healing gift that helps people heal their feeling of powerlessness and feel empowered to live their soul's mission.
- e) As Angel Sarah's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Sarah's layer of the World Angel Grid.
- f) As Angel Sarah's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release powerlessness and allow Angel Sarah to imprint ease.
- g) Now feel the energy increase as Sarah's gift of healing spreads and spirals upward in intensity throughout her layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to help us all heal powerlessness and be empowered to live our soul's mission.
- h) Give yourself permission to release any final stress or powerlessness you may have as you give Angel Sarah permission to imprint ease.
- a) We will allow Angel Sarah's energy to continue its positive healing spiral as we release the integration points for the adrenals and stomach and shift our awareness to Angel Michael's layer of the World Angel Grid.

**14) Angel Michael**

- a) Angel Michael is the Healing Angel whose healing gifts help us release our fears and feel safe and protected in the world.
- b) The part of your energy anatomy that relates to this is the area of the Kidneys or 2<sup>nd</sup> chakra.
- c) So, please gently touch the integration points for the Kidneys and as you do send an angelic heartlink from your heart to Angel Michael's heart
- d) As Angel Michael joins his energy with yours, he brings with him the healing gift that helps you feel safe and protected.
- e) As Angel Michael's energy and healing gifts begin to flood and fill your energy field please bring your mind's awareness to your heart center and through your heart center to your connection to Angel Michel's layer of the World Angel Grid.

- f) As Angel Michael's energy intensifies within your energy field, and within the World Angel Grid, simply surrender and allow yourself to release fear as you allow Angel Michael to imprint safety.
- g) Now feel the energy increase as Angel Micheal's gift of healing spreads and spirals upward in intensity throughout his layer of the World Angel Grid and brings you, and everyone in the world, an even stronger energy to help us all heal our fears and feel safe and protected in the world.
- h) Give yourself permission to release any final fear you may have as you give Angel Michael permission to imprint safety.
- i) We will allow Angel Michael's energy to continue its positive healing spiral as we release the integration points for the Kidneys and begin our grounding process.

**15) Closing:**

- a) We have now completed the World Angel Grid and we have truly WAGGED the World today. The angels and I thank you for your participation and your wonderful contributions today. We have helped them accomplish their goal. The Grid is has now been completed and is anchored to the Earth, and connected to the Heartbeams worldwide, and operating at full intensity.
- b) Please offer yourself a little grounding and balancing by placing your right hand on your left knee and your left hand on your right knee.

**16) Final closing comments.**

- a) Since you have channeled a large amount of angelic energy in our Anchoring The Grid Process today, please be sure to drink plenty of water and rest as much as you can while your energy body rebalances.
- b) You can repeat this Phase 2 World Angel Grid program at any time. Every time you repeat it, you will deepen your self-healing, expand your personal energy field, and intensify the energy of the Grid.
- c) Thank you once again for helping us complete the World Angel Grid today.
- d) All of us here at The Center of Being, wish you and your loved ones many Blessings.