

**Enact your Vision Energetically
before you Enact your Vision Physically
so that you can Enact your Vision with EASE.**

What we mean is that by Enacting your Vision Energetically, and clearing the fear you may have about Enacting your vision, you can then Enact your Vision Physically in the world with Ease.

As the energy of your soul's mission moves from the energetic potential through envisioning to embracing and finally to enacting, the energy of your soul's mission can become blocked by unhealed issues trapped in your cellular memory.

While envisioning or even embracing your dream can be difficult and the energy can become stuck in these areas, the most common place for the energy to be blocked is in the enacting phase. This is because in order to enact your dreams you must pass through and master the fears that you have about actually living your dream.

Angel Ariel says "Ever doorway to your destiny has a threshold that you must cross. This threshold is one of the fears that you have come into this lifetime to master. The fear may feel like an insurmountable barrier before you cross this threshold and then once you cross it and look back, the barrier will have vanished and you will wonder what you were afraid of."

Failure to cross a threshold of fear in a doorway to your destiny can manifest in your life when you know what you want, your vision is clear, you have embraced this vision, you take action on this vision, yet life does not bring you the people, places, settings, and circumstances necessary for you to enact your vision.

Please understand that our fear is not trying to be mean to us or punish us by denying the object of our heart's desire. Quite the contrary, our fear is trying to keep us safe. And from fear's perspective it is always better to be safe than happy.

Often times fear is reacting from the perspective of an earlier time in our life or even from the perspective of a past life. Imagine fear, arising out of an unhealed karmic experience suppressed into the cellular memory and the human energy field that relates to the kidneys, saying something like, "Remember the time when you published your beliefs in that past life and you were imprisoned?" or "Remember the time when you were a child and you trusted someone and they betrayed you so harshly?" or "Remember what your father told you over and over that you are worthless and don't deserve to be happy?"

The energy of fear does not see a difference between events that happened earlier in your life, or even in a past life, and events taking place in your life now.

Since the energy of fear is contagious, and the energy of fear is so strong on our planet, it can make it especially difficult for all of us to move through our fears and enact our dreams in the New Year.

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We learned from Angel Ariel that compassion is the most powerful energy to communicate our intent with the fabric of energy that unifies all life. We have come to say “Envision it with Compassion and it will happen”.

You can do this IET technique by yourself as a personal process or you can do it with others as a group process. Both are described below.

Personal Enacting Process Overview:

You can best Envision your personal 2009 vision by writing it as clearly and briefly as possible as you can on a piece of paper. Your New Year’s vision can include, health, wealth, relationships, work, play, home, and more.

Then once you have clearly Envisioned your vision, you can Embrace your vision within the energy of compassion using the WAG 4 automatic activation technique of tapping your heart center 10 times to awaken your Heartseeds of Compassion.

As you hold your vision in your heart which is filled with compassion, you can touch your IET Integration Points for Fear and clear out any energy of fear that your vision triggers. That way you can reduce or eliminate your fear about Enacting your vision and you will be able to Enact your vision with ease.

At the completion, ground yourself by touching your right hand to your left knee and your left hand to your right knee.

Group Enacting Process Overview:

Have the group heartlink to the angels and then heartlink to each other.

Identify one person in the group who will embrace their vision by sharing it with the group.

After a person has shared their vision, have everyone in the group heartlink to that person.

Then have everyone in the group use the WAG 4 automatic activation technique of tapping your heart center 10 times to awaken your HeartSeeds of Compassion.

As that HeartSeeds awaken in everyone’s hearts, have the group members push a wave of compassion out over their heartlinks to the person who has shared.

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Have the person who shared their vision take in the energy of compassion, and as they do, have them touch the IET integration points for the kidneys and release any fear that could limit their ability to live their dream.

Repeat this process until everyone has had a turn.

Since we receive what we give, if someone claims something in their vision that you want in yours, you will automatically receive support for it.

Also, if at any time you feel the energy of fear coming up in you as you are sending the energy of compassion to others, then just touch your kidneys points.

At the completion, have everyone ground themselves by touching their right hand to their left knee and their left hand to their right knee.